

Sainsbury's Energy

Sainsburys Standard Variable

DOMESTIC ENERGY PRICES

ALL PRICES INCLUDE VAT

Effective 1/1/2026

REGION	Eastern	East Midlands	London	Manweb	Midlands	Northern	Norweb	Scottish Hydro	Scottish Power	Seaboard	Southern	Swalec	Sweb	Yorkshire
	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Direct Debit & Other Payment Methods excluding Smart PAYG & Prepayment														
Electricity - Unrestricted														
Daily Standing Charge (p/day) - DD *	49.329p	50.169p	47.108p	71.012p	54.081p	60.934p	52.223p	62.064p	57.620p	48.662p	45.702p	52.750p	55.106p	59.717p
All Units (p/kWh) - DD	27.883p	26.888p	26.998p	29.089p	26.987p	26.747p	28.447p	28.362p	27.181p	28.268p	27.826p	28.181p	28.159p	26.687p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepayment *	57.712p	58.328p	54.329p	79.678p	62.226p	69.477p	60.183p	70.499p	65.618p	57.071p	53.941p	60.609p	63.748p	68.158p
All Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	29.426p	28.378p	28.494p	30.700p	28.483p	28.230p	30.022p	29.933p	28.687p	29.833p	29.366p	29.741p	29.718p	28.166p
Electricity - Economy 7														
Daily Standing Charge (p/day) - DD *	49.651p	49.565p	46.634p	70.206p	53.673p	60.137p	51.487p	62.893p	58.402p	49.039p	45.724p	51.737p	55.589p	59.047p
Day Units (p/kWh) - DD	34.120p	32.695p	33.330p	35.352p	33.092p	32.448p	34.266p	33.801p	32.692p	34.605p	33.975p	34.314p	34.179p	32.461p
Night Units (p/kWh) - DD	16.205p	16.083p	15.449p	16.994p	15.817p	16.133p	16.921p	17.634p	16.628p	16.247p	16.316p	16.562p	16.591p	16.142p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepayment *	57.628p	58.241p	54.251p	79.572p	62.134p	69.375p	60.103p	70.398p	65.522p	56.993p	53.863p	60.525p	63.658p	68.054p
Day Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	35.659p	34.185p	34.835p	36.958p	34.590p	33.920p	35.831p	35.371p	34.199p	36.160p	35.505p	35.869p	35.728p	33.943p
Night Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	17.554p	17.388p	16.746p	18.391p	17.127p	17.449p	18.286p	18.997p	17.939p	17.614p	17.674p	17.925p	17.953p	17.443p
Gas - Standard														
Daily Standing Charge (p/day) - DD *	34.738p	34.822p	35.624p	35.487p	35.115p	35.204p	35.231p	35.277p	35.302p	34.675p	34.554p	35.355p	34.707p	35.179p
All Units (p/kWh) - DD *	5.865p	5.790p	6.028p	5.941p	5.853p	5.934p	5.895p	5.888p	5.888p	5.825p	6.001p	6.107p	6.147p	5.900p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepayment *	42.915p	42.920p	42.903p	42.908p	42.915p	42.908p	42.911p	42.911p	42.911p	42.917p	42.903p	42.897p	42.895p	42.911p
All Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	6.177p	6.096p	6.348p	6.256p	6.164p	6.249p	6.208p	6.201p	6.201p	6.135p	6.320p	6.431p	6.473p	6.214p

Notes

* Customers paying by Direct Debit are charged a lower daily Standing Charge and unit rate than customers paying by other payment methods.

Sainsbury's Energy Residential Product Terms & Conditions apply.

1

