



Sainsbury's Standard Variable

DOMESTIC ENERGY PRICES

ALL PRICES INCLUDE VAT

Effective 1/10/2025

REGION	Eastern	East Midlands	London	Manweb	Midlands	Northern	Norweb	Scottish Hydro	Scottish Power	Seeboard	Southern	Swalec	Sweb	Yorkshire
	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Direct Debit & Other Payment Methods excluding Smart PAYG & Prepayment														
Electricity - Unrestricted														
Daily Standing Charge (p/day) - DD *	48.251p	49.084p	46.056p	69.947p	53.000p	59.864p	51.156p	60.998p	56.550p	47.594p	44.623p	51.688p	54.033p	58.647p
All Units (p/kWh) - DD	26.529p	25.554p	25.632p	27.722p	25.644p	25.428p	27.109p	27.056p	25.834p	26.919p	26.475p	26.834p	26.823p	25.330p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepayment	56.558p	57.175p	53.178p	78.519p	61.072p	68.321p	59.030p	69.340p	64.461p	55.920p	52.787p	59.455p	62.594p	67.001p
All Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	27.994p	26.965p	27.047p	29.254p	27.061p	26.834p	28.606p	28.552p	27.262p	28.405p	27.937p	28.315p	28.306p	26.732p
Electricity - Economy 7														
Daily Standing Charge (p/day) - DD *	48.662p	48.590p	45.739p	69.300p	52.767p	59.171p	50.564p	61.952p	57.554p	48.038p	44.781p	50.756p	54.663p	58.118p
Day Units (p/kWh) - DD	32.897p	31.488p	32.096p	34.117p	31.877p	31.255p	33.057p	32.621p	31.476p	33.387p	32.753p	33.096p	32.971p	31.234p
Night Units (p/kWh) - DD	14.981p	14.877p	14.215p	15.758p	14.602p	14.942p	15.713p	16.455p	15.412p	15.030p	15.094p	15.344p	15.385p	14.915p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepayment	56.512p	57.122p	53.132p	78.453p	61.014p	68.255p	58.984p	69.279p	64.403p	55.874p	52.747p	59.407p	62.539p	66.934p
Day Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	34.369p	32.911p	33.532p	35.653p	33.307p	32.661p	34.556p	34.127p	32.914p	34.875p	34.214p	34.583p	34.455p	32.649p
Night Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	16.263p	16.115p	15.444p	17.087p	15.845p	16.191p	17.011p	17.752p	16.656p	16.329p	16.383p	16.639p	16.679p	16.149p
Electricity - Economy 10														
Daily Standing Charge (p/day) - DD *	48.662p	48.590p	45.739p	69.300p	52.767p	59.171p	50.564p	61.952p	57.554p	48.038p	44.781p	50.756p	54.663p	58.118p
Peak Units (p/kWh) - DD	32.897p	31.488p	32.096p	34.117p	31.877p	31.255p	33.057p	32.621p	31.476p	33.387p	32.753p	33.096p	32.971p	31.234p
Off-peak Units (p/kWh) - DD	19.066p	18.664p	18.291p	19.943p	18.540p	18.661p	19.667p	20.140p	19.073p	19.214p	19.118p	19.390p	19.394p	18.635p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepayment	56.512p	57.122p	53.132p	78.453p	61.014p	68.255p	58.984p	69.279p	64.403p	55.874p	52.747p	59.407p	62.539p	66.934p
Peak Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	34.369p	32.911p	33.532p	35.653p	33.307p	32.661p	34.556p	34.127p	32.914p	34.875p	34.214p	34.583p	34.455p	32.649p
Off-peak Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	20.390p	19.944p	19.568p	21.318p	19.825p	19.945p	21.009p	21.484p	20.363p	20.556p	20.448p	20.729p	20.731p	19.910p
Gas - Standard														
Daily Standing Charge (p/day) - DD *	33.668p	33.752p	34.572p	34.434p	34.054p	34.146p	34.174p	34.215p	34.244p	33.602p	33.481p	34.301p	33.643p	34.123p
All Units (p/kWh) - DD *	6.220p	6.144p	6.383p	6.295p	6.207p	6.287p	6.249p	6.242p	6.242p	6.179p	6.356p	6.461p	6.502p	6.254p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepayment	41.761p	41.767p	41.749p	41.755p	41.761p	41.755p	41.757p	41.761p	41.761p	41.764p	41.752p	41.746p	41.744p	41.757p
All Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	6.550p	6.470p	6.722p	6.630p	6.536p	6.621p	6.580p	6.574p	6.574p	6.508p	6.693p	6.804p	6.847p	6.587p

Notes

* Customers paying by Direct Debit are charged a lower daily Standing Charge and unit rate than customers paying by other payment methods.
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