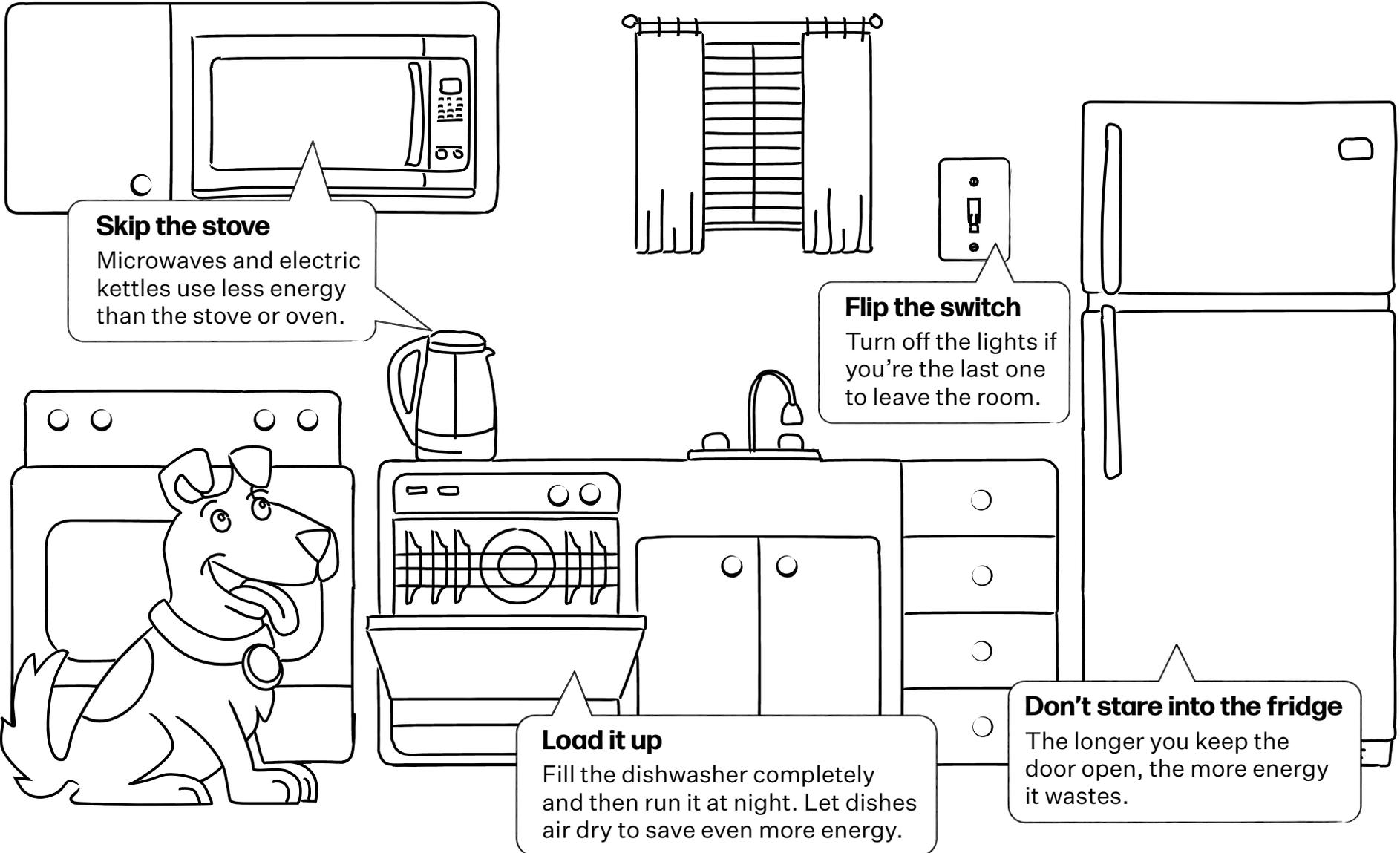




Ways to save energy in the kitchen

Want to help your family save energy around the house? The kitchen is a great place to start. Add some color to these energy-saving tips and then post it on your fridge to remind your whole family how easy it is to save energy.



Skip the stove

Microwaves and electric kettles use less energy than the stove or oven.

Flip the switch

Turn off the lights if you're the last one to leave the room.

Load it up

Fill the dishwasher completely and then run it at night. Let dishes air dry to save even more energy.

Don't stare into the fridge

The longer you keep the door open, the more energy it wastes.