

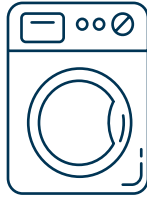
# Peak Time Rebates winter checklist

## Here's how you can get ready for our next Peak Time Event.\*

Start at the top of this list and work your way down. All the things you do to shift and reduce your energy use add up fast! Don't forget to ask everyone at home to join in. Now you've got that Oregon kind of energy.

### 1. APPLIANCES

- Washing machines, dryers and dishwashers all use a lot of energy. Try shifting your use to different times of the day.
- Plan to wash and dry your laundry before or after event hours.
- Wait to do your dinner dishes until later in the evening.
- Hold off on taking a shower or bath until after the event is over.



### 2. OVEN AND STOVE

- Try creative alternatives to using your oven or stove during event hours if possible.
- Pre-cook dinner early in the day and microwave it at dinner time.
- Use a slow cooker, pressure cooker or air fryer to make a healthy, hot meal.



### 3. HEATING

- Find the right balance of keeping your home comfortable while reducing your use of energy during a Peak Time Event.
- Turn your thermostat down a few degrees\* during event hours if you have electric heat.
- Limit your use of vent fans in the bathroom and kitchen to keep warmer air inside.



### 4. ELECTRONICS

- TVs, gaming consoles, cable boxes, DVD players, computers and phone chargers all use energy, even when you're not using them.
- Get ready by charging your cellphones, tablets and laptops before event hours and unplug them when the event starts.
- Unplug any entertainment electronics you won't be using during event hours, like gaming consoles or DVD players.



### WANT TO LEARN MORE?

Find other savings tips and learn more about Peak Time Rebates at [portlandgeneral.com/ptr](http://portlandgeneral.com/ptr)

\* During Peak Time Events, exercise discretion and consider health impacts when reducing energy use. Your actual savings will vary, so there is no guarantee of savings.

