

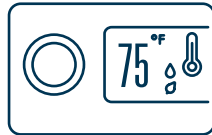
Time of Day summer checklist

Simply shift energy use away from 5-9 p.m. on weekdays to save with Time of Day.¹

Start at the top of this list and work your way down. All the things you do to shift and reduce your energy use add up fast! Don't forget to ask everyone at home to join in.

1. Air conditioning, fans and blinds

Find the right balance of keeping your home comfortable while reducing energy use on weekdays from 5-9 p.m.



- ☐ Close blinds or curtains in the morning to help block the sun from heating your home.
- ☐ Program your smart thermostat to use less air conditioning from 5-9 p.m. on weekdays. If you don't have a smart thermostat, turn your thermostat up a few degrees during on-peak hours or consider turning off window AC units.
- ☐ Use fans to circulate air. It helps you feel cooler!
- ☐ Limit your use of vent fans in the bathroom and kitchen to keep cooler air inside.

2. Appliances

Washing machines, dryers and dishwashers all use a lot of energy. Try shifting your use to different times of the day.



- ☐ Plan to wash and dry your laundry before 5 p.m. or after 9 p.m. on weekdays or do laundry on weekends when all hours are off-peak!
- ☐ Wait to do your dinner dishes until later in the evening.
- ☐ Hold off on taking a shower or bath until after 9 p.m.

3. Oven and stove

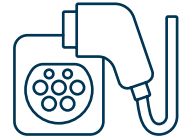
Not only does your oven use energy, but it also heats up your home on a hot day. Check out these alternatives.²



- ☐ Pre-cook dinner early in the day and microwave it at dinner time.
- ☐ Celebrate the taste of summer by grilling outdoors.
- ☐ Use a slow cooker, pressure cooker or air fryer to make a hot meal.

5. Electric vehicles (EVs)

Do you have an EV? If you're not already enrolled in PGE's EV Smart Charging program, try charging your EV before 5 p.m. or after 9 p.m., Monday through Friday. Or charge anytime on weekends.



- ☐ Get ready by ensuring your car has enough charge before 5 p.m. on weekdays.
- ☐ If you normally charge your EV during the on-peak hours of 5-9 p.m. on weekdays, schedule your EV to charge overnight, Monday through Friday.

4. Electronics

TVs, gaming consoles, cable boxes, DVD players, computers and phone chargers all use energy, even when you're not actively using them.



- ☐ Plan ahead by charging your cellphones, tablets and laptops before 5 p.m. on weekdays. Unplug them until after 9 p.m.
- ☐ Unplug any entertainment electronics you won't be using during on-peak hours, like gaming consoles or DVD players.

Can you make the shift?

Scan the QR code or go to portlandgeneral.com/todstart to explore your personalized rate analysis tools to see if Time of Day is right for you.



¹ Exercise discretion and consider health impacts when reducing energy use.

² This tip applies primarily to electric ovens and stoves. Gas appliances may have less impact on household electricity use.