

BALANCE ESSENTIAL OIL BLEND

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SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES (EXCEPT SENSITIVE)

DESCRIPTION

A synergy of Lavender, Lemon, Rosemary, Thyme and Geranium essential oils. The aroma aids the body in achieving an overall feeling of peace and encourages feelings of emotional security.

FULL INGREDIENT DISCLOSURE & BENEFITS

Lavender Oil (*Lavandula angustifolia*): The "universal oil" antiseptic, relieves and heals skin irritations. Calming, antidepressant, promotes clarity, enhances intuition, soothing and balancing.

Lemon Oil (*Citrus limon*): Stimulating tonic that alleviates oily skin. Energizing, clears mind, depression reliever, refreshing and strengthening.

Rosemary Oil (*Rosmarinus officinalis*): Skin rejuvenator, general stimulant and invigorating. Reduces mental strain and fatigue while it promotes confidence by minimizing anxiety.

Thyme Oil (*Thymus vulgaris*): Antibacterial, antifungal, antioxidant, antiparasitic, antiseptic, stimulant, calming and immunostimulant.

Geranium Oil (*Pelargonium graveolens*): Analgesic, antibacterial, antidepressant, anti-inflammatory, antiseptic, astringent, fungicide, sedative, stimulant and antidepressant.

USAGE INSTRUCTIONS

Professional Use:

Option 1 (all skin types and conditions except the most sensitive): Use in treatment sparingly, a maximum of 3 drops per treatment. Do NOT apply directly to skin. Mix in with masks, moisturizers, and cleansers as desired.

Option 2 (all skin types and conditions): Mix 1 or 2 drops in water and soak facial towels in the blend.

Due to the Rosemary Oil in this blend use with caution if you are pregnant, nursing, have high blood pressure or if you are epileptic.

Do NOT use directly on the skin. Dilute well.