## **ENERGIZING ESSENTIAL OIL BLEND**

**ESSENTIAL OIL BLEND** 

## SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES (EXCEPT SENSITIVE)

#### DESCRIPTION

A synergy of Lavender, Cajeput, Eucalyptus, Rosemary and Tea Tree essential oils. The aroma aids the body & mind in becoming more energized and alert.

## FULL INGREDIENT DISCLOSURE & BENEFITS

Cajeput (Melaleuca Cajuputi) Oil: Derived from the leaves and branches of cajeput trees (a subtype of the melaleuca tree). Antiseptic, antibacterial effects, respiratory ailments, antiviral. And antifungal.

Eucalyptus (Globulus Leaf) Oil: distilled from the leaf of Eucalyptus, a genus of the plant family Myrtaceae. Antioxidant, anti-inflammatory, antibacterial, antiviral, antifungal and helps clear the respiratory tract.

Rosemary Oil (Rosmarinus officinalis): Skin rejuvenator, general stimulant and invigorating. Reduces mental strain and fatigue while it promotes confidence by minimizing anxiety.

Tea Tree (Melaleuca Alternifolia) Oil: Tea tree oil comes from the leaves of the Melaleuca alternifolia tree. Tea tree oil is a known antibacterial, antifungal, and antioxidant, and these actions will help reduce inflammation and enhance healing

Lavender Oil (Lavandula angustifolia): The "universal oil" antiseptic, relieves and heals skin irritations. Calming, antidepressant, promotes clarity, enhances intuition, soothing and balancing.

# USAGE INSTRUCTIONS

## Professional Use:

Option 1 (all skin types and conditions except the most sensitive): Use in treatment sparingly, a maximum of 3 drops per treatment. Do NOT apply directly to skin. Mix in with masks, moisturizers, and cleansers as desired.

Option 2 (all skin types and conditions): Mix 1 or 2 drops in water and soak facial towels in the blend.

Due to the Rosemary Oil in this blend use with caution if you are pregnant, nursing, have high blood pressure or if you are epileptic.

Do NOT use directly on the skin. Dilute well.