

CASA MÃE

*Festive  
season*

2024 program





*Warm greetings from  
our sunny Casa!*

We are delighted to share this special time of year with you here in our sunny casa, a serene oasis, where we know you will relax, rejuvenate and make precious memories with those you love. Cherishing time spent together, this year's festive programme is a symphony of experiences that resonate with the beauty and tranquillity of our surroundings – made of unique crafts experiences and culinary delights. We hope these moments will add a touch of magic to your stay. Wishing you a joyful holiday season and all the very best for the New Year ahead.

### **Festive Workshops**

Azulejo Painting with Carla from Arti Arte Azulejar

Ceramics with Ana Silva from Itsana

Candle Making with Márcia from HMN

Ceramic Painting with Gina Nascimento from Muddyness

Witchcraft & remedies with Medicinal Herbs with Daphna from Naturaleza

### **Well-being Specials**

Yoga Therapy, Meditation & Mindful Hike

Special Celebration SPA journeys

### **Festive Season's Specials**

Our Festive Afternoon Tea

Our Gift Selection at our LOJA

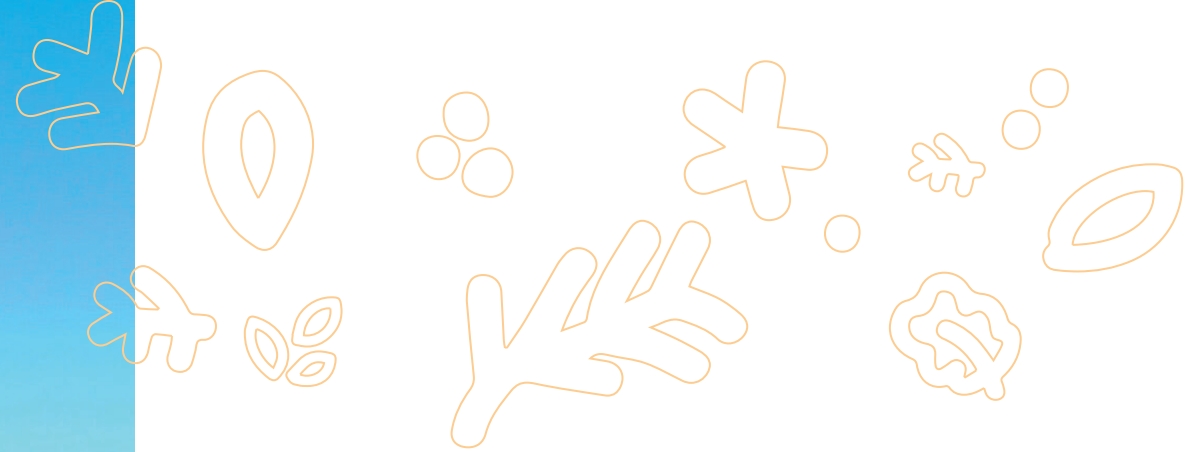
Offer a Casa Mãe's Experience

### **Celebration Menus**

Events Calendar & Lagos



# Festive Workshops



## Azulejo Painting with Carla

Discover the art of Portuguese tiles in this unique workshop led by Carla. Begin with a fascinating introduction to the rich history of tile-making in Portugal, then dive into hands-on learning as Carla guides you through the painting techniques. You'll have the opportunity to create and paint your very own Portuguese tile! After the workshop, your tiles will be kiln-fired at high temperatures, ready to be collected from Casa Mãe, or we can conveniently ship them to your home. A perfect way to bring a piece of Portugal's artistic heritage with you!

*Duration*  
2.5 hours

*Date*  
December 21st, from 10:30am

*Minimum 10 participants*  
*Kids above 12 years old*

*70€ per person, includes 2 tiles, materials, fired & water.*  
*If shipping is needed, costs are not included in the price.*

*@arti.arte.azulejar*





## *Ceramics*

### **with Ana**

Ana, the Brazilian founder of ITSANA Handmade Ceramics, shares our love for minimalist lines & beautiful design. We are proud of our collaboration pieces for Casa Mãe. Her 3-hour workshop includes a tutorial about the pinch pot technique and the moulding of unique pieces, either decorative or utilitarian (such as mugs, bowls, and others). You'll learn how to work with high-temperature clay, shaping your own one-of-a-kind creations.

After the workshop, the pieces will be carefully stored at Ana's studio to dry (a process that takes up to 15 days), after which they'll be fired and glazed by Ana herself. Once complete, your handcrafted ceramics will be ready for collection or can be shipped directly to you.

**Duration**  
3 hours

**Date**  
December 23rd, from 3pm

*Maximum 6 participants  
Kids above 12 years old*

*90€ per person, includes all materials, firings and glazing.  
If shipping is needed, costs are not included in the price.*

@itsana.co



**Duration**  
2.5 hours

**Date**  
December 26th, from 3pm

*Maximum 6 participants  
Kids above 12 years old*

*Price: 55€/pax – includes a complementary drink*

@hand\_madenatural

## *Candle making*

### **with Márcia**

"Beauty is found within"—this is the guiding philosophy of HMN, whose mission is to create a harmonious connection between skin and nature. In this workshop, inspired by the essence of self-love and feminine energy, you will join Márcia to craft your candle, free from perfumes, colorants, and preservatives.

Every product in this workshop is carefully formulated with 100% natural, biodegradable, and organic ingredients. Celebrate the end of the year with crafting your very own candle!





**Duration**  
2 hours

**Date**  
December 28th, from 3pm

**Maximum 10 participants**  
(Kids above 12 years old)

**Price: 85€ per person – includes  
a complementary drink**

@muddy.ness

## Ceramic Painting

### with Gina

After pursuing a successful career in the beauty industry, Gina followed her heart to become a full-time ceramic artist and founded the Muddyness Pottery Atelier to bring together those who share a passion for art, offering a warm and creative space for friends and family. In this "Paint a Mug" session hosted in our cork studio, Gina will provide her handcrafted pieces, allowing you to express your creativity and personalize your own mug.

Once your mugs are complete, they can either be collected at our hotel or conveniently shipped to your home.



**Duration**  
2.5 hours

**Date**  
January 2nd, from 3pm

**4 participants**  
Kids above 12 years old

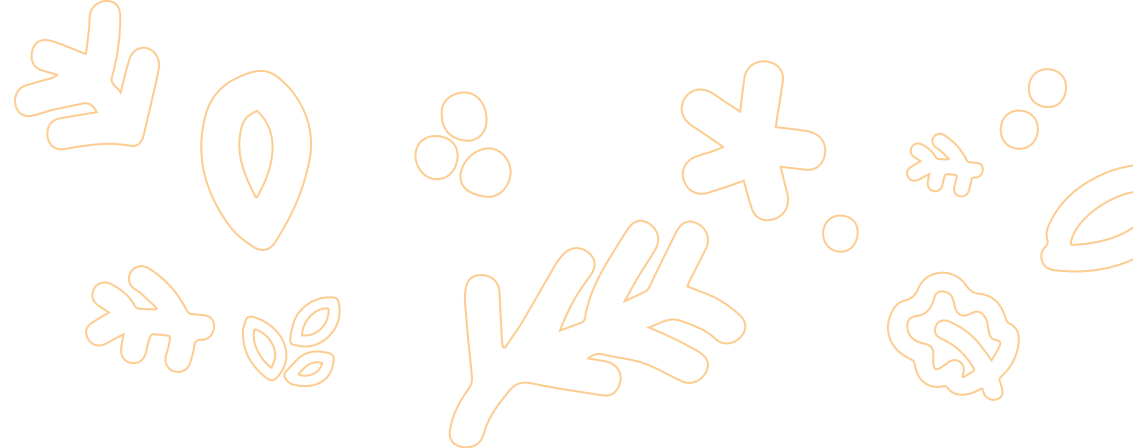
65€ per participant

## Witchcraft & remedies with Medicinal herbs

### with Daphna

Join this hands-on workshop to discover the healing power of medicinal plants! The session starts in our organic orchard, where you'll learn to identify, connect with, and forage natural herbs used in traditional remedies for skincare and overall wellness. From crafting a magic ointment for skin healing to creating calming body oil and herbal syrup for colds, coughs, and sore throats, this immersive experience will guide you through the entire process of transforming plants into simple yet effective remedies. Plus, you'll take home your own handcrafted remedy to continue your journey to well-being!

*Well-being  
Specials*



## *Yoga Therapy & Meditation*

**with Einav**

Einav is a senior Vijnana Yoga teacher, and a Sivananda & Viniyoga Instructor.

With over 20 years of experience in yoga practice and therapy, Einav offers a holistic approach that nurtures both body and mind. Her 60-minute morning classes blend meditation, breathwork, postures, and inspirational readings, creating a revitalizing start to the day. Join her to restore balance, energy, and inner peace.

### *Yoga*

*20€ per person*

### *Date*

*22nd Dec – 09:30am*

*27th Dec – 09:30am*

*29th Dec – 09:30am*

*3rd Jan – 09:30am*

*5th Jan – 09:30am*

*Minimum 3 participants*





***Mindful Hike***  
*(weather permitting)*

*90min - Roundtrip transfer included*

***Date***  
*Dec 31th - 9am*  
*Jan 2nd - 9am*

*Minimum 3 participants*

*Price: 45€ per person*

***Mindful Hike***

**guided by Ana Mar**

Guided by the inspiring Ana Mar, this hike is designed to enhance both your physical and mental well-being, allowing you to disconnect from the everyday and reconnect with yourself. As you explore the stunning golden coastline of Lagos, you will also enjoy meditation and breathwork sessions with open views over the ocean. An opportunity to reflect on the year and reenergise by the ocean as you step into the new year.

***Special Celebration  
SPA Journeys***

Treat yourself with a holistic self-care experience—whether you're looking to close the year with renewal or step into the new one fully revitalized.

To celebrate the season, our special offers come with Casa Mãe wellness gifts, including a lavender sleep eye mask and Casa Mãe essential oils, so you can continue your relaxation journey long after you've returned home.

Exclusive SPA Journeys (Ultimate Unwinding Escape or New Year Renewal Ritual): 200€







## *New Year's Renewal Ritual: Energize Your Essence*

This 120-minute ritual is crafted to usher in the New Year with a sense of renewal, offering a blend of physical exfoliation, energizing wraps, and a facial experience that goes deeply beyond the surface to renew both body and spirit, for a fresh new start.

### **Full Body Exfoliation (30 min)**

#### **Body Coffee Wrap & Lymphatic Drainage (40 min)**

*A unique wrap infused with coffee extracts to stimulate circulation and detoxify, leaving the skin revitalized - while the lymphatic drainage ensures a deep body detox work.*

#### **Cleansing Energy Facial (50 min)**

*A facial treatment designed to cleanse not just the skin but also rejuvenate your energy, combining detox skincare, ultrasonic cleansing and high frequency with gentle energy balancing techniques.*



## *Ultimate Unwinding Escape*

This holistic 120-minute experience combines a powerful deep tissue hot stone full body massage, a rejuvenating facial and ends with a deeply grounding head & scalp massage to provide a comprehensive and deeply rejuvenating spa session.

### **Full Body Hot Stones Massage (60 min)**

#### **Rejuvenation Facial (40 min)**

*A customized facial treatment to nourish and revitalize the skin, using powerful vitamins boosted serums & oils from Oliofera, manual face drainage technique and Gua sha stone to release tensions and reduce facial lines.*

#### **Head & Scalp Massage & Foot Massage (20 min)**

*Gentle massage techniques focusing on the head and scalp to alleviate stress and tension, while the foot massage restores body balance and helps unlocking deeply rooted tensions.*





## *Our Festive Afternoon Tea*

Indulge with our Festive afternoon tea. The Casa Mãe docinhos made of miniature of our desserts will please the sweet tooth, while the artisanal cheese, bagel, bruschetta and croquette assortments will ravish the ones craving for salty delicacies - with also seasonal fruits bringing freshness to this afternoon treat. Ideal for a cosy indulging moment.

## *Casa Mãe Christmas Market & our Loja*

Our concept store, Loja, curates a selection of handpicked pieces made in Portugal. This year, we are also inviting local artisans featured in our store to meet our guests and sell directly their pieces in a cute outdoor Christmas Market. From ceramics, clothing, jewellery, tapestry, to books & natural skincare, plenty of choices to find the perfect gifts for your loved ones!

Inauguration of Casa Mãe 'aldeia de natal' Christmas Market on December 20th





Offer a  
Casa Mãe Experience





*Celebration  
Menus*





Menu  
CHRISTMAS

**Couvert**

Typical "broa de milho" . confit garlic & potato croquette .  
tarragon mayonnaise . fresh goat cheese from Sagres . port  
wine & "flor de sal" butter

~

**Starter (select one)**

apple & chestnut velouté . crispy "pata negra" . coriander  
sprouts

Or

Lily fish carpaccio . passion fruit cream . pomegranate .  
coriander sprout . puffed rice . green oil

Or

Roasted heritage beetroot . quail egg . toasted nuts . orange  
gel . fresh goat cheese . butternut squash cream . greens  
from our farm

Or

Dry aged sirloin tartare . capers . black olives . spring onion .  
horseradish cream . quail egg yolk

**Main (select one)**

Lamb tenderloin . hazelnut crust . green gnocchi .  
caramelized carrot . port wine & zimbrosauce

Or

Wood-fired turkey . chestnut purée . chard . thyme &  
orange sauce . roasted leek . pomegranate

Or

Grilled pak choi . celeriac root cream . vegan chèvre .  
pomegranate . orange . sweet potato chips

Or

Stone bass fillet . roasted leek . cilantro béchamel .  
champagne & caviar sauce . crispy kale

~

**Dessert (select one)**

**Bûche de natal**

White chocolate mousse . pistachio dacquoise .  
raspberry coulis

Or

**Casa Mãe Frozen Brûlées**

Orange & ginger

Or

**Casa Mãe Profiteroles**

Choux au craquelin . apple & ginger cream . crème  
anglaise



*new*  
**YEAR'S  
EVE**  
*Menu*  
**2025**

**Couvert**

Homemade thyme brioche . truffle butter  
oyster . cucumber pickle . sea cream  
surprise nest . dungeness crab

~

**Starter**

Scallops . caviar . champagne sauce .  
caramelized pear . fennel . basil cream

~

**Fish**

Grouper . basil & jerusalém artichoke sauce .  
confit leek . cider sauce . puffed rice .  
samphire

~

Lemon & basil sorbet

~

**Meat**

Dry aged sirloin . crispy "pata negra" . shiitake  
mushroom . braised asparagus . roasted garlic  
purée . mustard sprout . thyme sauce

~

**Our artisanal Cheese Selection**

homebaked sourdough bread . homemade  
jam

~

**Dessert**

Macaron & raspberry . champagne & vanilla  
cream . raspberry & basil gel

~

Vanilla & passion fruit canelé  
truffle . dark chocolate . port wine . almond

*Vegetarian Option*

**Couvert**

Homemade thyme brioche . truffle butter .  
kale & são jorge dip  
vegetarian surprise nest . avocado .  
tomato . black olives

~

**Starter**

Grilled asparagus . madeira wine sabayon .  
pomegranate . braised chèvre cheese . red  
onion gel

~

**First Main**

Tarragon gnocchi . jerusalém artichoke &  
basil cream . puffed rice . champagne sauce

~

Lemon & basil sorbet

~

**Second Main**

Boletus mushroom . roasted garlic purée .  
grilled pak choi . romesco sauce

~

**Our Artisanal Cheese Selection**

Homebaked sourdough bread .  
homemade jam

~

**Dessert**

Macaron & raspberry . champagne &  
vanilla cream . raspberry & basil gel

~

Vanilla & passion fruit canelé  
truffle . dark chocolate . port wine . almond

# Events

21/12

Inauguration of  
Casa Mãe Christmas  
Market with live music  
local gin Alma event

21/12

*from 3pm*  
Azulejo Painting  
with Carla

23/12

*from 3pm*  
Ceramics  
with Ana

24/12

Christmas Eve  
Dinner

25/12

Christmas  
Celebration Lunch

26/12

*from 3pm*  
Candle Making  
with Márcia

27/12

Live Music  
Dinner

28/12

*from 3pm*  
Ceramics  
Painting  
with Gina

31/12

*from 09am*  
Mindful Hike  
with Ana Mar

31/12

New Years Eve  
Gala Dinner  
Live Music & Midnight Toast

02/01

*from 09am*  
Mindful Hike  
with Ana Mar

02/01

*from 3pm*  
Medicinal Herbs  
with Daphna

# Lagos

Just a few minutes' walk away from Casa Mãe, the 'aldeia de natal', the city's Christmas market, set at the heart of the main square by the Santa Maria church brings pure Christmas joy to all. Its Santa Claus & elves, wooden decor, traditional train track, ice skating are pure enchantment to the smaller ones.

As the festive season unfolds, the old city comes alive, cheerfully illuminated, with a program of chorals, concerts and other joyful animations - all a stroll away from Casa Mãe.







*Our Concierge Team is at your service to assist you with travel planning. We recommend booking activities and experiences ahead of time to avoid disappointment*

[info@casa-mae.com](mailto:info@casa-mae.com)

(+351) 968 369 732