Common **Pulmonary Diseases in Dogs**

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YOU HAVE ASKED ...

What should I know about common canine pulmonary diseases?

THE EXPERT SAYS ...

Pulmonary disease is a common cause of respiratory signs in dogs. A thorough history and examination help localize the pulmonary parenchyma rather than other parts of the respiratory system. Signalment, clinical onset and progression, geographic location, and additional organ involvement can help prioritize differential diagnoses.

Patients with pulmonary disease may exhibit coughing, increased respiratory rate, dyspnea, and/or exercise intolerance. Depending on cause and nonrespiratory involvement, nonspecific clinical signs (eg, lethargy, inappetence, weight loss) may be present. Many patients may have a mixed pattern of breathing characterized by increased inspiratory and expiratory effort, as the disease processes may involve concurrent airway obstruction and altered lung compliance. Therefore, a pure restrictive (decreased tidal volume, increased respiratory rate) or obstructive (increased expiratory effort) pattern of breathing is often not observed.

The following are pulmonary diseases frequently encountered in dogs.

Pneumonia

Bacterial Pneumonia

Pneumonia may be community-acquired (ie, characterized by bronchopneumonia

CIV = canine influenza virus

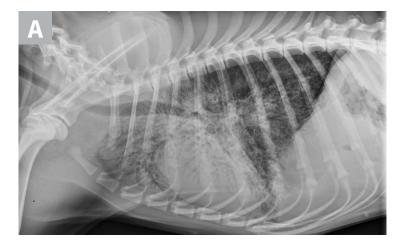
EB = eosinophilic bronchopneumopathy

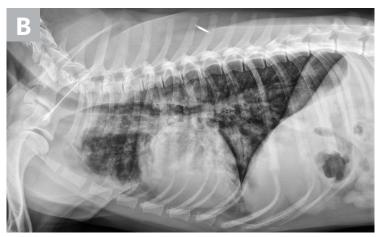
PCR = polymerase chain reaction

RT-PCR = reverse transcription

in a dog with a history of being housed in the community) or secondary to altered pulmonary defenses, aspiration, or hematogenous infection.

Community-acquired pneumonia is most common in young dogs and in dogs with recent exposure to kennels or shelters.1 Exposure to other dogs makes Bordetella bronchiseptica most common, but other opportunistic pathogens may be involved. Streptococcus zooepidemicus, another emerging bacterial pathogen, is associated with development of hemorrhagic pneumonia.²





▲ FIGURE 1 (A) Bronchopneumonia. Cranioventral distribution of alveolar disease with air bronchograms. (B) A patchy distribution can be observed on the lateral projection. The changes overlying the heart may be missed in subtle cases.

Aspiration pneumonia is more common in older patients. Clinical history is important to help identify potential underlying causes. The most commonly reported causes of aspiration pneumonia in dogs include esophageal disease, vomiting, neurologic disorders, laryngeal disease, and postanesthetic aspiration.³ Opportunistic infections complicate the initial aspiration event. A mixed population of bacteria with an anaerobic population is common. Aspiration pneumonia is typically characterized by a distribution to the most dependent lung lobe (ie, right middle). However, distribution to any lung or multiple lungs is possible.4 Although respiratory signs may be present, many older patients are clinically silent; pneumonia must be considered in dogs with nonspecific signs of lethargy, inappetence, and/or fatigue.

Dogs with bacterial pneumonia are typically presented with acute-onset coughing, lethargy, inappetence, and/or respiratory distress. An inflammatory leukogram and pyrexia, although common, are not always present. Radiographs may reveal an interstitial-to-alveolar pattern with a cranioventral distribution (Figure 1). Atypical distributions can also occur.5

Culture-directed therapy is ideal; however, empiric treatment with knowledge of common organisms is reasonable.6 Multidrug-resistant organisms are more common following recent antibiotic exposure.7,8

Viral Pneumonia

Viral pneumonia is generally associated with canine distemper virus (CDV) or canine influenza virus (CIV). Emerging viral pathogens (eg, canine pantropic coronavirus, canine pneumovirus) have recently been described. Canine herpesvirus can, albeit rarely, induce interstitial pneumonia. 10,11

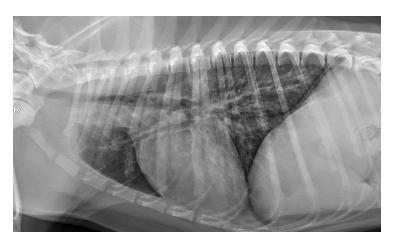
CDV should be suspected in poorly vaccinated dogs with multiorgan involvement. Dogs with CDV may have exhibited only respiratory signs before developing characteristic nonrespiratory signs. ¹² Radiographs may reveal a diffuse interstitial pattern (*Figure 2*). Diagnosis is supported by compatible clinical signs and complementary diagnostic testing (ie, real-time reverse transcription polymerase chain reaction [RT-PCR], serology, CSF pleocytosis). Conjunctival scraping and tissue-based immunohistochemistry may confirm diagnosis.

CIV may involve the pulmonary parenchyma and is often complicated by opportunistic bacteria. Patients typically are presented with lethargy, anorexia, nasal discharge, and coughing. PCR of the nasal cavity or oropharynx within 3 to 5 days of infection may confirm organism presence. Patients with clinical signs lasting longer than 5 days may require serologic testing. ¹³

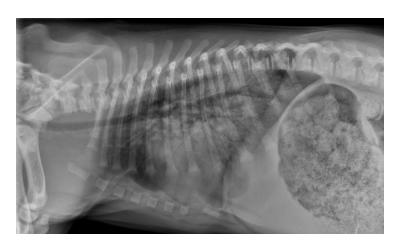
Fungal Pneumonia

The incidence of fungal disease varies widely by geographic region. Dogs with fungal pneumonia are generally young and exhibit signs of generalized illness (eg, lethargy, weight loss, pyrexia, decreased appetite). Many patients with pulmonary involvement do not show respiratory signs; coughing and respiratory distress are most common among those that do. 14-16 Additional organ systems (eg, dermatologic, GI, ocular, musculoskeletal) may be affected. 17

Blood testing is somewhat nonspecific. Common abnormalities include hypoal-



▲ FIGURE 2 CDV pneumonia with a diffuse interstitial pattern confirmed by multisystemic signs, urine RT-PCR, and necropsy



▲ FIGURE 3 Eosinophilic bronchopneumopathy. Note the heavy, patchy bronchointerstitial pattern.

buminemia, hyperglobulinemia, nonregenerative anemia, and monocytosis; hypercalcemia and eosinophilia are less common. An inflammatory leukogram may be observed. Radiographs often show a miliary pattern and may show hilar lymphadenopathy. A combination of serologic and antigen testing may support diagnosis. Cytology or tissue histopathology may identify the organism. 18-21

Eosinophilic Bronchopneumopathy

Eosinophilic bronchopneumopathy (EB) is an idiopathic inflammatory

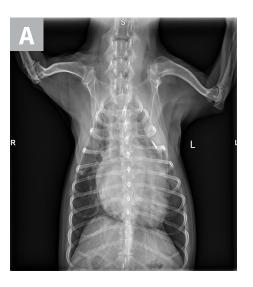
EB = eosinophilic bronchopneumopathy

hypersensitivity disorder associated with acute onset coughing, gagging, retching, and/or respiratory distress. Radiographs may reveal a diffuse bronchointerstitial pattern or alveolar disease (Figure 3, previous page). Patients with EB have airway cytology supportive of eosinophilic inflammation and are negative for parasitic testing.

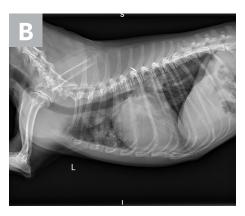
EB's acute nature, occurrence in young animals, and radiographic findings may mimic pneumonia. EB should be suspected in patients that fail treatment for pneumonia, have peripheral eosinophilia, or have uncharacteristically severe diffuse bronchointersitial patterns; further diagnostic investigation is indicated to confirm eosinophilic inflammation and rule out other causes. Treatment with corticosteroids is often successful; however, relapse can occur after dose tapering.²²

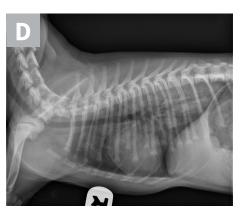
Pulmonary Edema

Noncardiogenic and cardiogenic edema are common causes of pulmonary parenchymal changes in dogs.









▲ FIGURE 4 (A & B) Congestive heart failure. Note the left-sided cardiomegaly, pulmonary venous congestion, and interstitial pulmonary pattern. Edema is not exclusively perihilar. (C & D) Noncardiogenic edema with bilateral, symmetrical caudodorsal distribution without venous congestion or cardiomegaly

Cardiogenic edema is caused by increased hydrostatic pressure and is readily diagnosed by thoracic radiographic documentation of left-sided cardiomegaly, pulmonary venous congestion, and a patchy interstitial or alveolar pattern (frequently perihilar). Echocardiographic evaluation may support diagnosis.²³ Natriuretic peptides may provide additional insight in differentiation between congestive heart failure and other causes of respiratory distress (Figure 4). Plasma B-type natriuretic peptide has been shown to have discriminatory value in dogs; however, some degree of overlap exists between groups.24

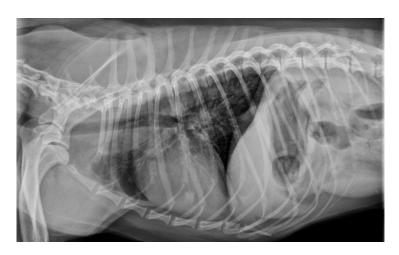
Noncardiogenic edema is a low-pressure edema characterized by increased blood vessel permeability. Seizures, electrocution, strangulation or upper airway obstruction, local pulmonary disease, and systemic inflammatory response syndrome (ie, acute respiratory distress syndrome) are the most commonly reported causes. ^{25,26}

Thorough clinical history and physical examination are necessary to identify potential underlying causes. Careful auscultation of the upper airways is important. Radiographs often reveal bilateral, caudodorsal interstitial, and/or alveolar disease. Radiographic progression can occur for as long as 48 hours.²⁷

Lungworms

Lungworms may cause bronchitis and pneumonia. Chronic coughing is the most common clinical sign. Acute-onset exercise intolerance and/or respiratory distress may also be seen.

Radiographic evaluation can vary from a diffuse bronchointerstitial pattern to



▲ FIGURE 5 Crenosoma vulpis (ie, lungworm). Note the patchy, unstructured interstitial densities. Larvae were recovered on bronchoscopy.

patchy interstitial or alveolar infiltrates (*Figure 5*).²⁸ Bullae may occasionally be appreciated in association with some infections (eg, *Paragonimus kellicotti*).²⁹⁻³¹

Peripheral eosinophilia is not always present with infection. Eosinophilic inflammation on airway cytology supports diagnosis. Identification of larvae or oocysts via fecal testing (eg, Baermann technique, fecal centrifugation) or airway sampling confirms diagnosis. False-negative results can occur; any patient with eosinophilic bronchitis should be treated empirically. An extended course of fenbendazole (ie, 2 weeks) is generally recommended to treat most pulmonary worms.

Lung Lobe Torsion

Spontaneous lung lobe torsion occurs in dogs (most commonly pugs and Afghan hounds³³), can occur in any lung lobe, and may be secondary to pleural effusion or thoracic surgery. The right middle lung lobe is overrepresented in deep-chested dogs; the left cranial lung lobe is overrepresented in pugs.^{33,34}

Nonspecific illness and respiratory signs may be appreciated. Leukocytosis, left shift, and pyrexia may be present.³⁴ Radiographs often reveal an alveolar pattern, trapped gas (vesiculated), and/or pleural effusion. Bronchial malpositioning is uncommon (Figure 6).35 Confirmation via ultrasonography, bronchoscopy, and/or CT is recommended.36,37 Pleural fluid varies widely in gross and cytologic appearance. Although nonspecific, the presence of pleural fluid, alveolar disease, and acute respiratory signs is suggestive. Immediate lung lobectomy is warranted.

Pulmonary Neoplasia

Radiographs usually reveal structured interstitial densities within pulmonary parenchyma.³⁸ These lesions may represent primary or metastatic lesions. Clinical signs are typically absent, although coughing is most common. Acute respiratory signs may occur secondary to generation of pleural effusion or bleeding from a lesion (ie, hemangiosarcoma metastasis). Depending on the extent of disease, anorexia, lethargy, and weight loss may be appreciated.³⁹

Pulmonary neoplasia may, on occasion, have a more diffuse nature. This is common with pulmonary lymphoma⁴⁰ and is sometimes seen with carcinoma (author experience). Pulmonary lymphoma can have a rapid clinical course and mimic acute disorders. A diffuse, unstructured interstitial pattern is typically appreciated. Additionally, bronchointerstitial, alveolar, and nodular patterns may be observed (Figure 7).40

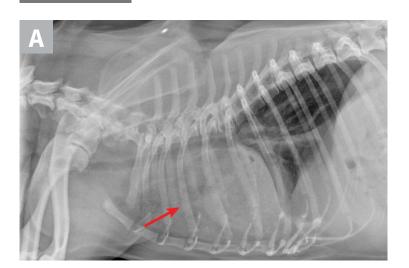
Diagnosis of pulmonary lymphoma requires airway cytology, pulmonary fine-needle aspiration, and/or confirmation on nonpulmonary samples.41

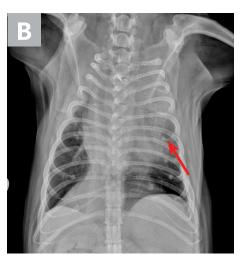
Carcinoma frequently causes anorexia and weight loss and should be considered in older patients with refractory pneumonia.42

Pulmonary Embolism

Pulmonary embolism (PE) should be suspected in dogs with acute respiratory signs, hypoxemia, and minimal radiographic changes. More common disorders should be ruled out. Radiographic

PAH = pulmonary arterial hypertension





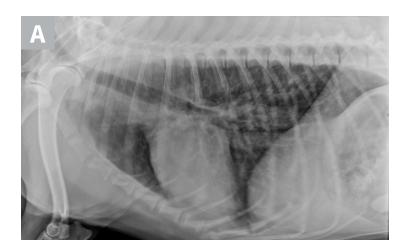
▲ FIGURE 6 (A & B) Lung lobe torsion. Note classic vesicular pattern associated with gas trapping and pleural effusion. Bronchial attenuation or displacement is subtle and often absent.

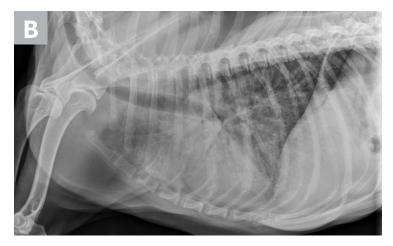
findings vary from normal to patchy/ wedge-shaped alveolar/interstitial infiltrates. Pulmonary oligemia may be appreciated in some patients (*Figure 8*, next page).

Diagnostics should focus on documenting a predisposing hypercoagulable state and attempting to confirm thrombosis. D-dimers, contrast angiography, echocardiography, nuclear medicine, and thoracic CT may indicate PE.43-45 Microvascular thrombosis may only be documented on necropsy. However, no test can reliably rule out PE; therefore, treatment must be considered for patients in which the condition is suspected. Optimal management has not been described; however, anticoagulant therapy is standard in human patients. Thrombolytic therapy is standard in humans with massive pulmonary thromboembolism (hemodynamically unstable). Recently, subpopulations of submassive pulmonary thromboembolism (hemodynamically stable) have benefitted from thrombolytic therapy.⁴⁶ Optimal thrombolytic protocols have not been designed for dogs or cats.

Pulmonary Arterial Hypertension

Pulmonary arterial hypertension (PAH) may be a primary vascular disorder or secondary to cardiac disease, pulmonary disease, or pulmonary embolism. The most commonly cited causes of PAH in dogs include chronic acquired valvular disease, pulmonary disease, pulmonary overcirculation, and heartworm disease. ⁴⁷⁻⁵² Primary pulmonary hypertension has been described in dogs in association with a pulmonary arteriopathy⁵³ and a primary pulmonary veno-occlusive condition. ⁵⁴ Patients may be subclinical or may show signs of hypoxia (eg, weakness, fatigue, shortness of





A FIGURE 7 (A) Pulmonary lymphoma with a diffuse, patchy bronchointerstitial pattern confirmed on bronchoalveolar lavage and peripheral lymph node aspiration. (B) Pulmonary carcinoma with a diffuse, severe bronchointerstitial pattern confirmed on bronchoalveolar lavage and postmortem examination. Note: Pulmonary and hilar lymphadenopathy are not always present.

breath, exercise intolerance, collapse, syncope, right-sided congestive heart failure [rare]). Coughing is common and is often associated with secondary causes of PAH.⁵² Radiographic features and physical examination results generally reflect the underlying disease process; rarely, pulmonary edema may be observed.⁵⁵ Investigation may be warranted in at-risk patients (ie, patients with diffuse crackles, West Highland terriers with pulmonary fibrosis).

Documentation of PAH can be performed indirectly with echocardiography. 56,57 Direct pulmonary arterial measurement is rarely performed. PAH often contributes to signs with any chronic cardiopulmonary disease; thus, screening is recommended. Phosphodiesterase type V inhibitors (eg, sildenafil, 49,50,58 tadalafil⁵⁹), pimobendan,⁶⁰ and imatinib⁶¹ may be considered, depending on cause.



▲ FIGURE 8 Pulmonary embolism confirmed on necropsy. Note the right caudal lung field oligemia, which signifies vascular occlusion.



▲ FIGURE 9 Idiopathic pulmonary fibrosis with a diffuse bronchointerstitial pattern. Idiopathic pulmonary fibrosis was confirmed on lung biopsy.

Interstitial Lung Diseases

Interstitial lung diseases are an uncommon cause of respiratory disease in general. The most common interstitial lung disease is idiopathic pulmonary fibrosis, which occurs most commonly in West Highland terriers.⁶² Because of the interstitial location of interstitial lung diseases, histopathology is required for definitive diagnosis. 63 Common signs include exercise intolerance, labored breathing, syncope, and weakness.64 Coughing is typically not present. Examination may reveal crackles, fatigue, cyanosis, and a restrictive breathing pattern.

Radiographs may reveal a diffuse, unstructured interstitial pattern (Figure 9). Subtle changes in interstitial opacity may go unnoticed despite severe histologic disease.62

Thoracic CT may provide strong support with a characteristic diffuse "ground glass" appearance.65 This remains nonspecific, however, and may be caused by other conditions. Additional supportive diagnostics may include bronchoalveolar lavage biomarkers (eg, endothelin-1)66 as well as echocardiography to document secondary pulmonary hypertension.

Additional Disorders

Other pulmonary conditions in dogs include atypical infections (eg, Mycobacterium spp, protozoal),67,68 traumatic injuries (eg, pulmonary contusions, near-drowning), and inhaled irritants (eg, pneumonitis, smoke). It is important to note that the lungs may represent a manifestation of systemic disease (eg, leptospirosis, acute respiratory distress syndrome, anaphylaxis, transfusionrelated acute lung injury).

See page 105 for references.

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CAUTION: Federal (USA) law restricts this drug to use by or on the order of a licensed veterinarian

Description:

NexGard* (afroxolaner) is available in four sizes of beef-flavored, soft chewables for oral administration to dogs and puppies according to their weight. Each chewable is formulated to provide a minimum afroxolaner dosage of 1.14 mg/lb [2.5 mg/kg]. Afroxolaner has the chemical composition 1-Naphthalenecarboxamide, 4-[5-13-chloro-5-(trifluoromethyl)-phenyl]-4, 5-dillydro-5-(trifluoromethyl)-3-isoxazolyl]-N-[2-ox-2-[(2,2,2-trifluoromethyl)]amino]ethyl.

Indications:

NexSard kills adult fleas and is indicated for the treatment and prevention of flea infestations (Ctenocephalides felis), and the treatment and control of Black-legged tick (Inodes scapularis), American Dog tick (Dermacentor variabilis), Lone Star tick (Amblyoman americanum), and Brown dog tick (Ithipicaphalus sanguineus) infestations in dogs and puppies 8 weeks of age and older, weighing 4 pounds of body weight or greater, for one month.

Dosage and Administration:

NexGard is given orally once a month, at the minimum dosage of 1.14 mg/lb (2.5 mg/kg).

Dosing Schedule:

Body Weight	Afoxolaner Per Chewable (mg)	Chewables Administered	
4.0 to 10.0 lbs.	11.3	One	
10.1 to 24.0 lbs.	28.3	One	
24.1 to 60.0 lbs.	68	One	
60.1 to 121.0 lbs.	136	One	
Over 121.0 lbs.	Administer the appropriate combination of chewables		

NexGard can be administered with or without food. Care should be taken that the dog consumes the complete dose, and treated animals should be observed for a few minutes to ensure that part of the dose is not lost or refused. If it is suspected that any of the dose has been lost or if vomiting occurs within two hours of administration, redose with another full dose. If a dose is missed, administer NexGard and resume a monthly dosing schedule

Flea Treatment and Prevention:

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Treatment with NexCard may begin at any time of the year. In areas where fleas are common year-round, monthly treatment with NexCard should continue the entire year without interruption.

To minimize the likelihood of flea reinfestation, it is important to treat all animals within a household with an approved flea

control product.

Tick Treatment and Control:
Treatment with NexGard may begin at any time of the year (see Effectiveness).

Contraindications: There are no known contraindications for the use of NexGard

Warnings: Not for use in humans. Keep this and all drugs out of the reach of children. In case of accidental ingestion, contact a

Precautions:
The safe use of NexGard in breeding, pregnant or lactating dogs has not been evaluated. Use with caution in dogs with a history of seizures (see Adverse Reactions).

Nation of sezures (see Adverse Reactions).

Adverse Reactions:

In a well-controlled US field study, which included a total of 333 households and 615 treated dogs (415 administered afoxolaner; 200 administered active control), no serious adverse reactions were observed with NexGard.

Over the 90-day study period, all observations of potential adverse reactions were recorded. The most frequent reactions reported at an incidence of > 1% within any of the three months of observations are presented in the following table. The most frequently reported adverse reaction was womiting. The occurrence of vomiting was generally self-limiting and of short duration and tended to decrease with subsequent doses in both groups. Five treated dogs experienced anorexia during the study, and two of those dogs experienced anorexia with the first dose but not subsequent doses.

Table 1: Dogs With Adverse Reactions.

Auverse meachons.	Treatment Group			
	Afoxolaner		Oral active control	
	N¹	% (n=415)	N²	% (n=200)
Vomiting (with and without blood)	17	4.1	25	12.5
Dry/Flaky Skin	13	3.1	2	1.0
Diarrhea (with and without blood)	13	3.1	7	3.5
Lethargy	7	1.7	4	2.0
Anorexia	5	1.2	9	4.5

¹Number of dogs in the afoxolaner treatment group with the identified abnormality. ²Number of dogs in the control group with the identified abnormality.

Mode of Action:

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Aftoxolane is a member of the isoxazoline family, shown to bind at a binding site to inhibit insect and acarine ligand-gated chloride channels, in particular those gated by the neurotransmitter gamma-aminobutyric acid (GABA), thereby blocking pradn post-synaptic transfer of chloride ions across cell membranes. Prolonged afoxolaner-induced hyperexitation results in uncontrolled activity of the central nervous system and death of insects and acarines. The selective toxicity of afoxolaner between insects and acarines and mammals may be inferred by the differential sensitivity of the insects and acarines.

GABA receptors versus mammalian GABA receptors.

GABA receptors versus mammalian GABA receptors. **Effectiveness**:

In a well-controlled biporatory study, NexGard began to kill fleas four hours after initial administration and demonstrated >99% effectiveness at eligit hours. In a separate well-controlled laboratory study, NexGard demonstrated 100% effectiveness against adult fleas 24 hours post-infestation for 35 days, and was 2.93% effective at 12 hours post-infestation frough Day 2.1, and on Day 35. On Day 28, NexGard was 8.11.95 effective 12 hours post-infestation. Dogs in both the treated and control groups that were infested with fleas on Day 1 generated flee eggs at 1.2 and 24-hours post-treatment (0-11 eggs and 1-17 eggs in the NexGard treated dogs, and 4-90 eggs and 0-18 eggs at 1-17 eggs in the NexGard treated dogs, and 4-90 eggs and 0-18 eggs in the NexGard treated dogs, and 4-90 eggs and 5-17 even the NexGard treated dogs and 5-10 eggs in the NexGard treated dogs, and 4-90 eggs and 5-10 environment to produce eggs (1-14 eggs).

In a 90-day US field study conducted in households with existing flea infestations of varying severity, the effectiveness of NexGard against fleas on the Day 30, 60 and 90 visits compared with baseline was 98, 0%, 93.7%, and 99.9%, respectively. Collectively, the data from the three studies (two laboratory and one field) demonstrate that NexGard kills fleas before they can lay eggs, thus preventing subsequent flea infestations after the start of treatment of existing flea infestations.

can be yegg, and specialing subsequent near meastactors after the start or treatment of existing near inestactors in well-controlled laboratory studies, NexGard demonstrated >97% effectiveness against *Dermacentor variabilis*, >94% effectiveness against *Brimpicephalus sanguineus*, 48 hours post-infestation from 30 days. At 72 hours post-infestation, NexGard demonstrated >97% effectiveness against *Amblyomma americanum* for 30 days.

Animal Safety:

In a margin of safety study, NexGard was administered orally to 8 to 9-week-old Beagle puppies at 1, 3, and 5 times maximum exposure dose (6.3 mg/kg) for three treatments every 28 days, followed by three treatments every 14 days, for a total of six treatments. Dogs in the control group were sham-dosed. There were no clinically-relevant effects related to treatment on physical examination, body weight, food consumption, clinical pathology (hematology, clinical chemistries, or caqualation tests, gross pathology, histopathology or organ weights. Vomiting occurred throughout the study, with a similar incidence in the treated and control groups, including one dog in the 5x group that vomited four hours after treatment.

In a well-controlled field study, NexGard was used concomitantly with other medications, such as vaccines, anthelimintics, antibiotics (including topicals), steroids, NSAIDS, anesthetics, and antihistamines. No adverse reactions were observed from the concomitant use of NexGard with other medications.

Storage Information: Store at or below 30°C (86°F) with excursions permitted up to 40°C (104°F).

NexGard is available in four sizes of beef-flavored soft chewables: 11.3, 28.3, 68 or 136 mg afoxolaner. Each chewable size is available in color-coded packages of 1, 3 or 6 beef-flavored chewables.

NADA 141-406, Approved by FDA

Marketed by: Frontline Vet Labs™, a Division of Merial, Inc. Duluth, GA 30096-4640 USA

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October 2016 cliniciansbrief.com