RESPIRATORY DISTRESS: DIAGNOSIS & TREATMENT AT A GLANCE

DX AT A GLANCE

Upper Airway Obstruction

- Clinical Signs: Inspiratory dyspnea, stridor
- Differentials: Laryngeal paralysis, extrathoracic tracheal collapse, compressive masses, foreign bodies, brachycephalic syndrome

Lower Airway Obstruction

- Clinical Signs: Expiratory dyspnea with auscultable expiratory wheezes
- Differentials: Bronchoconstriction /spasms, bronchial wall inflammation (feline asthma, chronic bronchitis), intraluminal exudative/ mucoid debris, intrathoracic tracheal collapse & bronchomalacia, bronchial compression secondary to left atrial enlargement

Thoracic Wall Disorders

- Clinical Signs: Paradoxical respiration with the affected area of the thorax collapsing inward on inspiration & forced outward on expiration
- Differentials: Flail chest, "sucking" chest wounds

Pleural Space Disorders

- Clinical Signs: Rapid, shallow breathing patterns with inspiratory distress
- **Differentials:** Pleural effusion, pneumothorax

Pulmonary Parenchymal Disorders

• Clinical Signs: Inspiratory & expiratory difficulty; presence of heart murmurs, gallops, or arrhythmias may suggest underlying heart disease • **Differentials:** Pneumonia, edema (cardiogenic or noncardiogenic), pulmonary contusions, interstitial lung disease, neoplastic or fungal infiltration

Pulmonary Vascular Disorders

- Clinical Signs: Hemoptysis, coughing, dyspnea, syncope; split heart sounds possible if concurrent pulmonary hypertension
- **Differentials:** Pulmonary thromboembolism, heartworm disease

Severe Abdominal Distension

- **Clinical Signs:** Inspiratory distress typically characterized by slow, exaggerated pattern
- **Differentials:** Ascites, gastric dilatation-volvulus, organomegaly, pregnancy

TX AT A GLANCE

Upper Airway Obstruction

- Sedation with acepromazine (eg, 0.025–0.2 mg/kg IV or IM) or butorphanol (eg, 0.1–0.4 mg/kg IV or IM)
- Intubation, tracheostomy, etc if patent airway cannot be maintained
- Glucocorticoids (eg, dexamethasone, 0.1–0.25 mg/kg IV) to reduce laryngeal & pharyngeal inflammation & edema
- Active cooling for hyperthermic patients

Lower Airway Obstruction

- **Bronchodilators** (eg, terbutaline, 0.01 mg/kg IM) to relieve bronchospasm
- **Glucocorticoids** (eg, dexamethasone, 0.1–0.25 mg/kg IV or IM) for acute asthma in cats

Thoracic Wall Disorders

- Parenteral opioids in combination with local anesthetics; NSAIDs may be used if no contraindications
- **Stabilization** of flail segment to improve ventilation & facilitate evaluation & treatment; can impede inspiratory effort
- Intermittent thoracocentesis to relieve concurrent pneumo/hemothorax

Pulmonary Parenchymal Disorders

- Empirical therapy in extremely unstable patients
- **Thoracic radiographs** for definitive diagnosis and treatment
- Broad-spectrum antibiotics (eg, ampicillin, 22 mg/kg IV Q 8 H; enrofloxacin, 10–20 mg/kg IV Q 24 H for dogs & 5 mg/kg IV Q 24 H for cats), if pneumonia suspected
- Loop diuretic (furosemide, initially 2–6 mg/kg IV or IM) at repeated dosing intervals for cardiogenic pulmonary edema
- **Supportive care**, oxygen supplementation, and mechanical ventilation for noncardiogenic pulmonary edema

Pulmonary Vascular Disorders

- Anticoagulants, antiplatelet medications, thrombolytics
- Bronchodilators (eg, theophylline, 10 mg/kg PO Q 12 H)
- Pulmonary arterial vasodilators (eg, sildenafil, 1 mg/kg PO Q 8–12 H; pimobendan, 0.25 mg/kg PO Q 8–12 H) for concurrent pulmonary hypertension

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