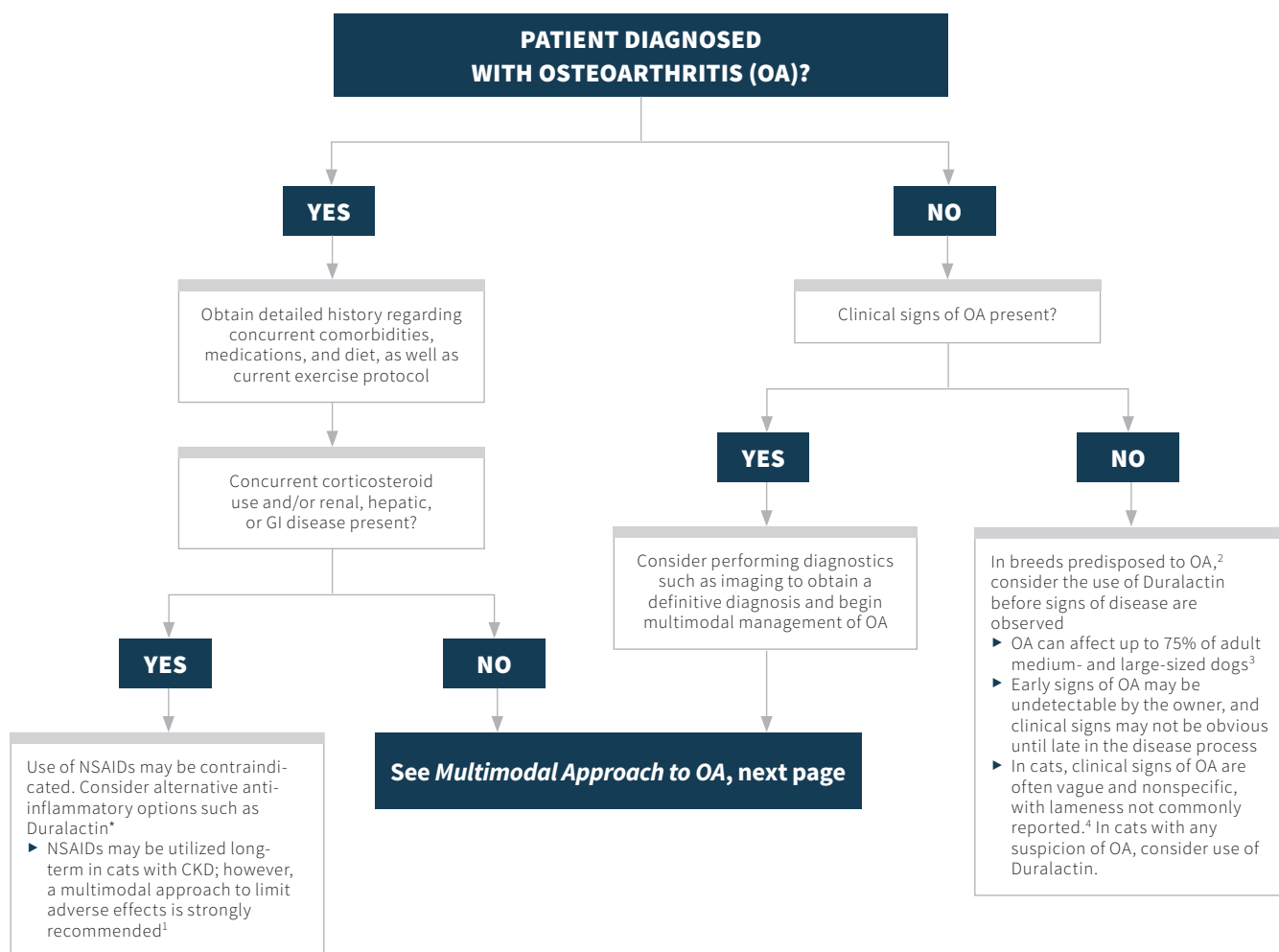


# MULTIMODAL APPROACH TO OSTEOARTHRITIS

Sponsored by PRN Pharmacal



\*This product is a nutritional supplement and has not been approved by the FDA, nor is it intended to diagnose, treat, cure, or prevent any disease. It should only be used through consultation with a veterinarian and in conjunction with an overall wellness program.

## MULTIMODAL APPROACH TO OA

### Anti-inflammatory medications

- NSAIDs
  - Adverse effects of NSAIDs vary but can include GI signs (eg, vomiting, diarrhea, hyporexia, ulcerative disease)
  - Dose reductions can be considered to mitigate adverse effects, but this has been shown to result in decreased efficacy of the NSAID<sup>5</sup>
- Corticosteroids
  - Can have significant long-term adverse effects
  - Cannot be used concurrently with NSAIDs
- Duralactin
  - A novel therapeutic targeting inflammation by reducing neutrophil migration
  - Should be considered for patients that cannot tolerate traditional anti-inflammatory medications
  - Can also be used as an adjunctive support for patients on chronic NSAID therapy
  - Once-daily administration available in multiple formulations to improve client compliance for consistent administration
  - Results can be seen 4 to 7 days after initiating treatment
  - Safe for use in dogs, cats, and horses
- Analgesics (eg, tramadol, gabapentin)
  - Evidence of efficacy in the management of OA is limited<sup>6-9</sup>
  - Adverse effects include sedation and the potential for abuse
- Intra-articular injections (eg, corticosteroids, hyaluronic acid)
- Polysulfated glycosaminoglycan (PSGAG)
  - Injectable chondroprotectant
- Nonpharmaceutical interventions
  - Low-impact, regular exercise once adequate analgesia has been achieved
  - Weight optimization
  - Physical therapy

## CLINICAL IMPROVEMENT ACHIEVED?

**YES**

- Regular physical examinations, blood work monitoring, and quality-of-life assessments should be performed in conjunction with the pet owner to determine if any additional therapies are needed
- Consider dose reduction of NSAIDs or steroid medication to further eliminate unwanted adverse effects

**NO**

Reassess multimodal approach. Consider optimizing alternative therapies such as nutraceuticals, physical therapy, weight management, and intra-articular treatments

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