The Hazy Lens: Cataracts and Nuclear Sclerosis in Dogs

Shelby L. Reinstein, DVM, MS, DACVO *Veterinary Specialty and Emergency Center Levittown, Pennsylvania*



Loss of transparency to the lens, caused by both nuclear sclerosis and cataract, is a common finding in dogs. It is important to properly distinguish between these clinical entities, as cataracts require longterm monitoring and treatment.

Nuclear Sclerosis

Nuclear sclerosis, or hardening of the lens nucleus, is a consistent, age-related finding in dogs older than 7 years of age. Clinically, nuclear sclerosis appears as a spherical, opalescent haze to the central nucleus of the lens. The condition does not obscure the tapetal reflection, impede vision, or preclude examination of the retina.

Cataracts

Cataract formation results from abnormal lens metabolism with varying causes and clinical appearances. Cataracts are often classified by cause (eg, inherited, metabolic, age-related, traumatic) and stage of development (eg, incipient, immature, mature, hypermature). Inherited cataracts are commonly seen in middle-aged dogs (eg, bichon frise, Boston terrier, poodle, cocker spaniel). Diabetes mellitus is a common cause of rapidly progressive, bilateral cataract formation in dogs.

Incipient cataracts are focal opacities that comprise <15% of the lens volume. They can appear as wedgeshaped, punctate dots, or triangular opacities in the anterior or posterior lens cortex.

Clinically, incipient and immature cataracts are most easily detected using retroillumination by obtaining a tapetal reflection. By allowing the reflection to back-light the cataract, the examiner can delineate the cataract based on the degree of obstruction of the tapetal reflection. This technique can help distinguish cataract from nuclear sclerosis. Mature cataracts completely obscure the tapetal reflection, and hypermature cataracts have a sparkling appearance.











The following images exhibit nuclear sclerosis and cataracts in various stages of development. Match the image with the condition causing a hazy lens.

CONDITION

- __ Late immature cataract
- __ Immature cataract
- ___ Hypermature cataract
- ___ Mature cataract
- ___ Nuclear sclerosis



ANSWER KEY

- A Nuclear sclerosis. Note the spherical, opalescent haze to the central nucleus of the lens. The tapetal reflection is not obscured by nuclear sclerosis.
- **B** Late immature cataract. Note the mostly opaque, white haze to the lens. However, tapetal reflection is still visible at the periphery of this cataract.

C Immature cataract. Note the diffuse haze to the lens just beyond the central nucleus. The tapetal reflection is partially obscured by this cataract, which is most obvious along the Y-shaped suture lines.

D Mature cataract. This cataract type is completely opaque and totally obscures the tapetal reflection.

E Hypermature cataract. Note the characteristic sparkling appearance with multiple areas of increased cataract density.

