
Begining Asthma Treatment

Doctor Discussion Guide

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QUESTIONS TO HELP YOU...

Begin Treatment

There's no right or wrong way to approach your treatment conversation. But you can use these questions to help you get the information you need about your asthma treatment plan:

1 What side effects should I expect from my medication(s)?

NOTES:

2 Is there anything I can do to minimize or prevent side effects from treatment?

3 If I have side effects, when and how should I let you know?

4 What's the difference between a rescue inhaler and a long-acting inhaler?

5 Where can I learn how to use an inhaler?

6 Am I using my medication/inhaler correctly?

Begin Treatment (CONTINUED)

7

Are there any long-term risks with this medication?

8

What if I forget to take my medication?

9

Can other medications I'm taking make my asthma treatment less effective?

10

When will I know if my treatment is working?

11

What do I do if my treatment isn't working?

12

Will I need to take this medication forever?

13

What do I do if I can't afford my medication?
