ON LOK®
where seniors embrace life
| PACE

The Impact of Alzheimer's and Dementia in Our Community



In partnership with ALZHEIMER'S ASSOCIATION®

IN-PERSON COMMUNITY EDUCATION EVENT

DATE
THURSDAY, OCTOBER 8

TIME
4:30 PM – 5:30 PM

LOCATION
ON LOK PACE SOUTH SAN JOSE CENTER
151 Martinvale Ln
San Jose, CA 95119

ABOUT THIS EVENT:

Today, more than 7 million Americans are living with Alzheimer's and nearly 13 million are their unpaid caregivers — an escalating health crisis that affects many in our community.

Join us for a brief informative program to learn about the impact of the disease, risk factors, warning signs, local resources and ways you can join the fight against Alzheimer's and all other dementia.

- FREE ENTRY
- OPEN TO THE COMMUNITY
- NO REGISTRATION REQUIRED

onlok.org

On LOK® where seniors embrace life | PACE

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Supporting Brain Health

in Our Community



DATE:
Thursday, November 5

TIME:
4:30 PM – 5:30 PM

LOCATION:
On Lok Pace South San Jose Center

ADDRESS:
151 Martinvale Ln
San Jose, CA 95119

Everyone deserves a life with the healthiest brain possible, and we can all take action to help protect our brain health. Supporting Brain Health in Our Community shares important information about brain-healthy actions we should all build into our routines to benefit our brains, including the U.S. POINTER recipe. It's never too early—or too late—to start prioritizing brain health. This presentation helps everyone understand the science-backed steps we can take to support lifelong brain health.

In person
Join us face-to-face for this engaging community education event.

Free to attend!
No cost to join.
All are welcome!