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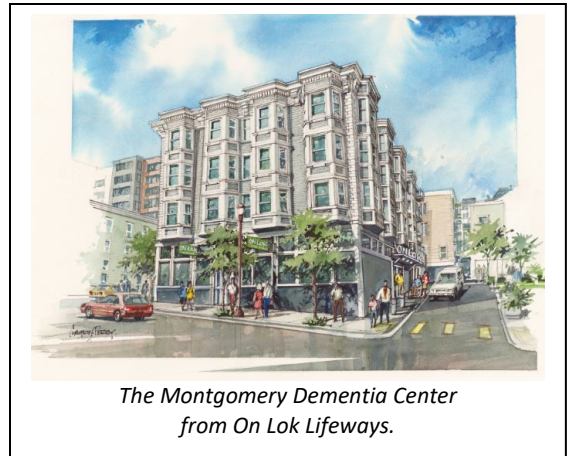
## On Lok Lifeways Announces Fall Opening of Montgomery Dementia Center

*Facility will integrate memory care programming with the full range of PACE services to cover all participants' needs – from supervision to nutrition and exercise*

**SAN FRANCISCO (May 10, 2018)** – One in 10 people aged 65+ live with Alzheimer's disease, the most common form of dementia. In an effort to enhance the quality of life and quality of care for Bay Area seniors living with dementia and their families, the On Lok Lifeways PACE program today announced the creation of its first center focused on specialized dementia care.

The 2,000-sq.-ft. Montgomery Dementia Center is scheduled to open in the fall of 2018 at 1000 Montgomery Street in San Francisco. The facility, which creates intimate settings that enhance quality programming for participants, will accommodate up to 16 seniors who are enrolled in the On Lok Lifeways Program of All-inclusive Care for the Elderly, or PACE.

The PACE program provides comprehensive healthcare and support services that enable older adults to live at home for as long as possible. The Center will also offer dedicated resources and support to family members providing care to loved ones with dementia.



*The Montgomery Dementia Center  
from On Lok Lifeways.*

“According to a 2013 study in the journal *Neurology*, the number of new Alzheimer’s disease and other dementia cases in the U.S. is projected to almost triple by 2050. With an ever-increasing aging population, there is a growing need for long-term services for people suffering from cognitive decline that’s serious enough to interfere with their daily lives,” said On Lok CEO Grace Li. “The specialized programming within PACE ensures that participants continue to receive all medical and long-term care services. This new facet of care for On Lok Lifeways PACE participants will help us model future opportunities for its expansion to additional PACE centers across the Bay Area as well as in new communities.”

### **Support for Participants and Their At-Home Caregivers**

The Montgomery Dementia Center builds upon the On Lok organization’s 45+ years of experience in the clinical treatment of seniors living with dementia. The center has been carefully designed to support participants’ ability to use it as comfortably and safely as possible, given their level of cognitive decline. The Center’s programming focuses on individual strengths and capabilities, rather than on what has been diminished or lost. The Center’s 5:1 patient-staff ratio will allow for greater personalized attention by professional caregivers specially trained in dementia care. Memory care programming will be integrated with PACE’s full range of services in order to cover all the participant’s needs and help them continue to live in their communities.

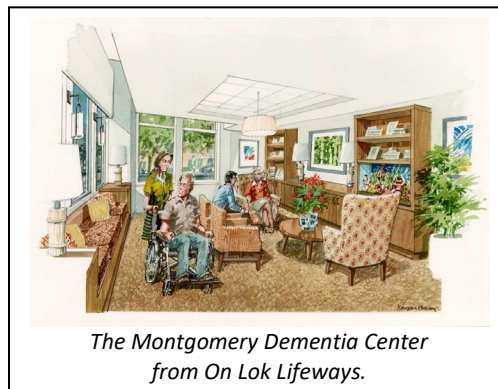
The Center will offer support for caregivers to educate and assist families in their care of loved ones. Extended operating hours will provide family caregivers with increased access to support services, providing respite to those who share in the care of people with dementia. The Center will also accommodate family caregivers by giving them more flexibility with their jobs and giving others a much-needed break between the end of their job and the start of their caregiving duties.

“Statistics from the Alzheimer’s Association say that, compared with caregivers of people without dementia, caregivers of those with the syndrome are twice as likely to suffer substantial emotional, financial and physical difficulties,” said Li. “Dementia is overwhelming for those who have it, but it can also take a devastating toll on caregivers and families. In 2016, 15.9 million family and friends provided 18.2 billion hours of unpaid assistance to those with Alzheimer’s disease and other dementias.”

### **Highlights of the Montgomery Dementia Center**

The Montgomery Dementia Center has enlisted [Perkins Eastman](#), a global architecture firm with expertise in spaces for people with dementia, to help design a home-like environment. Research shows that facilities specifically designed to support the needs of people who suffer from dementia can greatly benefit the individual as well as their caregivers.

The Center consists of three main areas: a family room/kitchen consisting of a quiet living space with an aquarium and reading materials; a bedroom with reclining furniture and an activity room, designed for group activities, eating and socializing. The outdoor area will include a recreational space, which can support intergenerational programs with the adjacent preschool. In addition, the flexible use of indoor and outdoor space will allow seniors and staff alike to participate in activities which are sensitive to their needs.



For more information about the On Lok Lifeways Program of All-inclusive Care for the Elderly (PACE), comprehensive health plan and/or enrollment, please call (415) 319-6661 or visit [www.onloklifeways.org](http://www.onloklifeways.org).

### **Partnerships**

On Lok is working closely with the Alzheimer’s Association to leverage the organizations’ shared expertise to provide the highest level of person-centered dementia care training. Ongoing support to caregivers and those with early-onset dementia is also a key focus of the partnership.

**MEDIA PLEASE NOTE:** For more information about the Montgomery Dementia Center, images, a site tour or to request an interview with CEO Grace Li, please contact Gus Nodal at [gus@landispr.com](mailto:gus@landispr.com) / (415) 359-2320.

### **About the On Lok Lifeways Program of All-Inclusive Care for the Elderly Program (or PACE)**

The PACE model of care was developed by On Lok through a series of successful demonstrations in the 1980s. On Lok led a national demonstration effort testing the models across the country which culminated with the passage of The Balanced Budget Act of 1997, making PACE a permanent provider type under Medicare and a state option under Medicaid. Today, PACE has grown nationally to include 122 programs in 31 states, and PACE organizations in California serve more than 7,000 participants at 37 PACE Centers and Alternative Care Sites.

### **About On Lok**

On Lok is a family of nonprofit organizations founded in the early 1970s by a group of citizens concerned about the plight of seniors and the lack of long-term care options in the community. With 45+ years of history and experience both creating innovative models of care and serving diverse senior communities through integrated health and social services, On Lok has a wide-reaching experience base and is a trusted partner in its communities. On Lok serves seniors in the community through its affiliated organizations, including On Lok Lifeways, 30<sup>th</sup> Street Senior Center, Care At Home and more. For more information, please visit [www.onlok.org](http://www.onlok.org).

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