


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3
			Baja Chicken Rice/Beans Mexican Corn Fresh Salad Fresh Fruit	Broccoli Beef Brown Rice (Broccoli) Fresh Salad Citrus Fruit	Chef's Choice Assorted Juice Fresh Fruit
5	6	7	8	9	10
Breaded Fish w/ tartar sauce Herbed Rice Italian Mix Vegetables Assorted Juice Fresh Fruit	Fish Veracruz Brown Rice Broccoli/ Cauliflower Fresh Salad Fresh Fruit	Ancho Chicken Fajitas Black Beans Peppers & Onions Fresh Salad Flour Tortilla Fresh Fruit	Pork Loin w/Apple Cranberry Mashed Sweet Potatoes Brussel Sprouts Fresh Salad Citrus Fruit	Turkey Meatballs w/ gravy Pasta Mixed Vegetables Pineapple Slaw Fresh Fruit	Chef's Choice Assorted Juice Fresh Fruit
12	13	14	15	16	17
Chicken Pozole (Hominy) Mixed Vegetables Assorted Juice Fresh Fruit	Cheese Tortellini w/ Marinara (pasta) Italian Mixed Vegetables Fresh Salad Pear	Chicken Mole Mexican Rice Cabbage & Carrots Fresh Salad Fresh Fruit	Pot Roast w/ gravy Mashed Potatoes Peas & Onions Fresh Salad Orange	Creole Fish Steamed Rice Winter Blend Veg Fresh Salad Fresh Fruit	Chef's Choice Assorted Juice Fresh Fruit
19	20	21	22	23	24
Marsala Chicken Diced Potatoes Spinach Assorted Juice Fresh Fruit	Garlic Chicken Roast Potatoes Broccoli Spring Greens Salad Fresh Fruit	Meatloaf w/ gravy Scalloped Potatoes Peas & Carrots Caesar Salad Fresh Fruit	Breaded Fish w/ tartar sauce Rice Green Beans Garden Salad Orange	Pasta Bolognese (Turkey) Penne Pasta Mixed Greens Tossed Salad Fresh Fruit	Chef's Choice Assorted Juice Fresh Fruit
26	27	28	29	30	31
Chicken Provencal Brown Rice Capri Mixed Vegetables Assorted Juice Citrus Fruit+	Ropa Vieja (Beef) Rice Beans Tossed Salad Fresh Fruit	Chicken w/Valencia Sauce Orzo Pasta Brussel Sprouts Spring Greens Salad Fresh Fruit	Turkey Breast w/ gravy Mashed Potatoes Green Beans Tossed Salad Orange	Chicken w/ Souvlaki Sauce Brown Rice Broccoli Spinach Salad Fresh Fruit	Chef's Choice Assorted Juice Fresh Fruit