

Chilled Lemongrass Chrysanthemum Tea
(Show & Tell)

(August)

Yield: 4 – 6 servings
Prep Time: 20 minutes
Cook Time: 12 minutes
Difficulty: Moderate

1/2 cup dried chrysanthemum buds
3 lemongrass stalks
3 cups boiling water
2 tablespoons crushed rock sugar dissolved in 1/2 cup water

Garnish

Mint sprigs
Lemongrass stalks

Place chrysanthemum buds in a heat-proof pitcher. Smash lemongrass with the side of your knife to release the flavors, cut into 3-inch sections and add to pitcher. Pour boiling water over chrysanthemum and lemongrass, cover pitcher and let it steep for 10 – 15 minutes. Cool to room temperature and chill.

To serve, sweeten to taste with rock sugar syrup. Pour into a tall glass filled with ice. Garnish with mint sprigs and lemongrass stalks.

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