Spiced Dragon Fruit Compote

February

火龍賀歲

Makes 4 – 6 servings

Syrup:

1 cup pineapple juice

¼ cupsugar3 slicesginger2 piecesstar anise

1 cinnamon stick, about 2 inches long

2 stalks lemongrass, bottom 4 inches only, crushed

dragon fruitkiwi fruit, slicedcupblueberries

¼ cup fresh longan, peeled and seeded (or canned)

½ cup pineapple chunks 2 tbsp goji berries, rinsed

- 1. Combine all syrup ingredients in a saucepan and bring to a simmer. Stir until sugar is dissolved. Remove from heat and let the syrup come to room temperature.
- Peel dragon fruit and cut into bite-sized chunks. Combine with remaining fruit in a large bowl. Pour syrup over fruits and let them macerate for 10-15 minutes. Serve chilled or at room temperature.

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