

225-30th Street, San Francisco, CA 94131 (415) 550-2210

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	Garlic Chicken Roast Potatoes Broccoli Spring Greens Salad  Fresh Fruit	Meatloaf w/ gravy Scalloped Potatoes Peas & Carrots Caesar Salad  Fresh Fruit	Breaded Fish w/ tartar sauce Rice Green Beans Garden Salad  Orange	Pasta Bolognese (Turkey) Penne Pasta Mixed Greens Tossed Salad  Fresh Fruit	Chef's Choice  Assorted Juice  Fresh Fruit
7	8	9	10	11	12
Chicken Provencal Brown Rice Capri Mixed Vegetables Assorted Juice  Citrus Fruit	Ropa Vieja (Beef) Rice Beans Tossed Salad  Fresh Fruit	Chicken w/ Valencia Sauce Orzo Pasta Brussel Sprouts Spring Greens Salad  Fresh Fruit	Turkey Breast w/ gravy Mashed Potatoes Green Beans Tossed Salad  Orange	Chicken w/ Souvlaki Sauce Brown Rice Broccoli Spinach Salad  Fresh Fruit	Chef's Choice  Assorted Juice  Fresh Fruit
14	15	16	17	18	19
Cilantro Lime Fish Rice Spinach Assorted Juice  Fresh Fruit	Coconut Curry Chicken Long Grain Rice Asian Mix Vegetables Spring Greens Salad  Fresh Fruit	BBQ Beef Garlic Mashed Potatoes Mixed Greens Tossed Salad  Fresh Fruit	Lemon Herb Fish Rice Pilaf Green Beans Spring Greens Salad  Fresh Fruit	Vegetarian Chili Cornbread (Tomatoes, Peppers, Corn) Garden Salad  Fresh Fruit	Chef's Choice  Assorted Juice  Fresh Fruit
21	22	23	24	25	26
Mexican Beef Seasoned Pinto Beans Mixed Vegetables Assorted Juice  Fresh Fruit	Salisbury Steak w/ gravy Mashed Potatoes 5 way Mix Vegetables Garden Salad  Fresh Fruit	Ham Scalloped Potatoes Green Beans Spring Greens Salad  Apple Tart	LS Baja Chicken Rice/Beans Mexican Corn Garden Salad  Fresh Fruit	Roast Beef w/ gravy Mashed Potatoes Peas & pearl onions Tossed Salad  Apple Tart	Chef's Choice  Assorted Juice  Fresh Fruit
28	29	30	31	<div>  <h2>December 2020</h2>  </div>	
Turkey Breast w/ cranberries Stuffing Broccoli Assorted Juice  Fresh Fruit	Fish Veracruz Brown Rice Broccoli/ Cauliflower Garden Salad  Fresh Fruit	Ancho Chicken Fajitas Black Beans Peppers & Onions Tossed Salad Flour Tortilla Fresh Fruit	Pork Loin w/Apple Cranberry Mashed Sweet Potatoes Brussel Sprouts Spring Greens Salad  Citrus Fruit		