



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>September 2021</h1>		1	2	3	4
		Turkey Breast w/ Gravy Red Potatoes Peas Spring Greens Salad Canned Peaches	Baja Chicken Rice/Beans Mexican Corn Orange Juice Fresh Fruit	Broccoli Beef Brown Rice (Broccoli) Tossed Salad Citrius Fruit	Chef's Choice Assorted Juice Fresh Fruit
6	7	8	9	10	11
Breaded Fish w/ tartar sauce Herbed Rice Italian Mix Vegetables Assorted Juice Fresh Fruit	Fish Veracruz Brown Rice Broccoli/ Cauliflower Apple Juice Canned Pears	Ancho Chicken Fajitas Black Beans Peppers & Onions Craanberry Juice Flour Tortilla Fresh Fruit	Smothered Pork Loin Mashed Potatoes Brussel Sprouts Spring Vegetable Soup Fresh Fruit	Thai Turkey w/ Steamed Rice Mixed Vegetables Asian Slaw Citrius Fruit	Chef's Choice Assorted Juice Fresh Fruit
13	14	15	16	17	18
Chicken Pozole (Hominy) Onion/Cabbage/Radish/Cilantro Assorted Juice Fresh Fruit	Cheese Tortellini w/ Marinara (pasta) Italian Mixed Vegetables Minestrone Soup Fresh Fruit	Chicken Mole Mexican Rice Broccoli Garden Salad Fresh Fruit	Pot Roast w/ gravy Sweet Potatoes Peas & Onions Cream of Celery Soup Fresh Fruit	Ginger Sesame Fish Steamed Rice Winter Blend Veg Spring Green Salad Fresh Fruit	Chef's Choice Assorted Juice Fresh Fruit
20	21	22	23	24	25
Marsala Chicken Diced Potatoes Spinach Assorted Juice Fresh Fruit	Lemon Dill Chicken Roast Potatoes Broccoli Tomato Basil Soup Fresh Fruit	Meatloaf w/ gravy Scalloped Potatoes Peas & Carrots Caesar Salad Fresh Fruit	Breaded Fish w/ tartar sauce Rice Green Beans Butternut Squash Soup Citrius Fruit	Pasta Bolognese (Turkey) Penne Pasta Mixed Greens Tossed Salad Fresh Fruit	Chef's Choice Assorted Juice Fresh Fruit
27	28	29	30	 	
Teriyaki Chicken Brown Rice Capri Mixed Vegetables Assorted Juice Citrius Fruit	Ropa Vieja (Beef) Rice Beans Kale Soup Fresh Fruit	Chicken w/Valencia Sauce Orzo Pasta Brussel Sprouts Spring Greens Salad Fresh Fruit	Turkey Breast w/ gravy Mashed Potatoes Green Beans Carrot Soup Citrus Fruit		