

# New Zealand Centreboard Clubs

## Standard Sailing Instructions

Version 2018 v12  
(Effective from 1<sup>st</sup> September 2018)

<http://sites.google.com/site/nzcentreboardstandardsis/>

---

*A single copy of these Standard Sailing Instructions will be posted on the regatta notice board.*

*Copies will be made available to competitors on request.*

*A copy of the Regatta Specific Schedule will be made available to all competitors.*

---

### ABBREVIATIONS

---

- DP Rules for which the penalties are at the discretion of the Protest Committee.
- NP Rules that are not grounds for protest by a boat. This changes rule RRS. 60.1(a), *Right to Protest; Right to Request Redress or Rule 69 Action*.

### 1. RULES

---

- 1.1. The event will be governed by the 'rules' as defined in The Racing Rules of Sailing (RRS).
- 1.2. These Sailing Instructions should be read in conjunction with the Regatta Specific Schedule issued by the Race Committee and available at registration.
- 1.3. For other than the Optimist Green Fleet the regatta will be governed by the rules as defined in the *Racing Rules of Sailing*.
- 1.4. For the Optimist Green Fleet, the regatta will be governed by the New Zealand International Optimist Dinghy Association Green Fleet Rules for Racing version 2010-01 – May 2010.
- 1.5. Windsurfing competition will be sailed under *The Racing Rules of Sailing* as changed by Appendix B. Appendix B8.A8, *Series Ties*, will not apply.
- 1.6. The Yachting New Zealand Safety Regulations Part 1 will apply.
- 1.7. Appendix T, *Arbitration*, will apply.
- 1.8. Laser class rule 7 (a) is restricted as follows:  
Only one person shall be on board whilst racing. The person shall be named on the entry form.

### 2. CAMERAS AND ELECTRONIC EQUIPMENT

---

- 2.1. Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organising authority. Information from this equipment shall not be used by a boat as evidence in a hearing. This changes RRS 63.6, *Taking Evidence and Finding Facts*.
- 2.2. The equipment provided, once placed on the boat as instructed by the organising authority, shall not be manipulated by the competitor or the coach in any way, except when so required by the organising authority.

### 3. NOTICES TO COMPETITORS

---

- 3.1. Notices to competitors will be posted on the official notice board.

### 4. CHANGES TO SAILING INSTRUCTIONS

---

- 4.1. Any change to the Sailing Instructions or Regatta Specific Schedule will be posted before 0830 hours on the day it will take effect, except that any change to the schedule of races will be posted by 1700 hours or the end of protest time whichever is the earlier on the day before it will take effect.

### 5. SIGNALS MADE ASHORE

---

- 5.1. Signals made ashore will be displayed on the signal mast.

- 5.2. When a visual signal is displayed over a fleet(s) or course(s) flag, the signal applies only to that fleet(s) or course(s). This changes the Race Signals preamble.
- 5.3. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal, AP.
- 5.4. Signals flown over a white flag with the letter "A", "B" or "C" will apply to classes sailing on course A, B or C respectively.



## 6. SCHEDULE OF RACES

---

- 6.1. The schedule of races is included in the Regatta Specific Schedule.
- 6.2. One extra race per day may be sailed, provided that no class or fleet becomes more than one race ahead of schedule and the change is made according to SI 4.
- 6.3. The warning signals for a subsequent race for a class on the same day will be made as soon as practicable but not sooner than 5 minutes after the last boat finishes the previous race for that class.
- 6.4. To alert boats that a race or sequence of races will begin soon, the orange starting line flag(s) will be displayed, with one sound at least five minutes before a warning signal is made
- 6.5. The Race Committee may schedule a rest period between back to back races.
- 6.6. Unless otherwise noted in the Notice of Race, on any day of the regatta no warning signal will be made after 1600 hours.

## 7. FORMAT – SPLIT FLEETS

---

- 7.1. The Regatta Specific Schedule will state if a class(s) will race using Addendum A – Split Fleets.

## 8. CLASS FLAGS

---

- 8.1. Course flags or course boards will be either black letters on a white background or white letters on a black background.
- 8.2. Class flags will be the class insignia on a white background; except the Optimist Green flag which will be the class symbol on a green background, the Starling Green flag which will be the class symbol on a green background.
- 8.3. The class flags for Lasers will be:

Fleet	Flag
Open	White flag with red Laser insignia
Masters	Green flag with red Laser insignia
Radial	Red flag with white Laser insignia
Radial Master	Blue flag with white Laser insignia
4.7	Yellow flag with white Laser insignia

- 8.4. [NP][DP] Entries in the Optimist Green Fleet class shall fly a green coloured identification ribbon from the top of her sprit. The ribbon shall be green no less than 2cm wide and no less than 60cm long.

## 9. THE COURSES

---

- 9.1. The courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left are included in the Regatta Specific Schedule.
- 9.2. No later than the warning signal, the Race Committee signal vessel may display the approximate compass bearing and distance in nautical miles from the start line to Mark 1.

## 10. MARKS

---

- 10.1. A description of the marks is included in the Regatta Specific Schedule
- 10.2. A Race Committee vessel signalling a change of course is a mark as provided in SI 12.2.

## 11. THE START

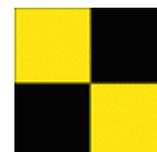
---

- 11.1. The starting line will be between a staff displaying an orange flag on the starting mark at the starboard end and the port-end starting mark or if the port-end starting mark is a vessel the staff displaying an orange flag.
- 11.2. [NP][DP] When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 50 metres from the starting line and marks in all directions.
- 11.3. A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A 4.1, *Low Point System* and RRS A5, *Scores Determined by the Race Committee*.
- 11.4. Rule 30.4, *Black Flag Rule*, is supplemented as follows:
- (a) Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed.
  - (b) When the race committee decides that its application of RRS 30.4 might entitle a boat to redress under RRS 62.1(a), Redress, it may decide not to display her sail number and not disqualifying her. This changes RRSs 30.4, *Black Flag Rule*, 60.2, *Right to Protest*, and 63.1, *Requirements for a Hearing*.
  - (c) For the purposes of RRS 30.4 a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date, or is resailed as part of a Final Series instead of a Qualifying Series.

## 12. CHANGE OF THE POSITION OF THE NEXT MARK

---

- 12.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practical. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2. Except at a gate, boats shall pass between the Race Committee vessel signalling the change of course and the nearby mark, leaving the mark to port and the Race Committee vessel to starboard. This changes RRS 28.1, *Sailing the Course*.
- 12.3. The Race Committee may designate a Race Committee vessel displaying flag L to lead the first boat to the new mark.



## 13. THE FINISH

---

- 13.1. The finishing line will be between a staff displaying an orange flag on the committee vessel finishing mark and either:
- (a) the course side of the other nearby finish mark, or
  - (b) a staff displaying an orange flag on the nearby race committee vessel.

## 14. PENALTY SYSTEM

---

- 14.1. For the 49er, 49erFx, 29er, Javelin, other skiff, and catamaran classes RRS 44.1, *Taking a Penalty*, is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty.
- 14.2. Appendix P, *Special Procedures for Rule 42*, will apply with the following changes.
- 14.3. When Appendix P applies for the Optimist, P Class, Starling, Laser 4.7, O'pen Bic, RS Feva and Splash classes RRSs P2.2, *Second Penalty*, and P2.3, *Third and Subsequent Penalties*, are deleted and RRS P2.1, *First Penalty*, is amended to "When a boat is penalised under rule P1 her penalty shall be a Two-Turns Penalty under rule 44.2. If she fails to take it she shall be disqualified without a hearing."
- 14.4. When Appendix P applies, on the first penalty for infringements under RRS P1, *Signalling A Penalty*, (and subsequent penalties under RRS P1, *Signalling A Penalty*, for the Optimist, P Class, Starling, Laser 4.7, O'pen Bic, RS Feva and Splash classes), if penalised after she has crossed the finish line, she will be given a scoring penalty of 10% of her fleet size without a hearing although her score will not be worse than the score for a DSQ.

- 14.5. RRS P3, *Postponement, General Recall or Abandonment*, is replaced with “If a boat has been penalised under Appendix P1 and the race committee signals a postponement, general recall or abandonment before the boat has had an opportunity to take a penalty the penalty is cancelled. If the boat has had an opportunity to take the penalty and does not, it shall not compete in that race if it is restarted or resailed. For the purposes of this Sailing Instruction a race is ‘restarted or resailed’ when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date, or is resailed as part of a Final Series instead of a Qualifying Series. If she competes, she shall be disqualified (score not excludable) without a hearing and the Protest Committee will consider calling a hearing under RRS 69.1(a). This changes RRS 36, *Races Restarted or Resailed.*”
- 14.6. RRS P4, *Redress Limitation*, is replaced with “An action by the Protest Committee or its designated observer under Appendix P1, *Signalling a Penalty*, shall not be grounds for a request for redress by a boat unless the action was improper due to a failure to take into account a race committee signal or a class rule. The Protest Committee may initiate a redress hearing and may give redress for an action by a member of the Protest Committee or its designated observer under rule P1”. This changes RRS 60.1(b), *Right to Protest; Right to Request Redress or Rule 69 Action.*

## 15. TIME LIMITS AND TARGET TIMES

- 15.1. The time limits and target times in minutes for the first boat are as follows:

Class	Target Time	Time Limit	Mark 1 Time Limit
Optimist	45 minutes	70 minutes	25 minutes
Sailboards	30 minutes	45 minutes	15 minutes
29er and 49er	30 minutes	45 minutes	15 minutes
All other classes	60 minutes	90 minutes	30 minutes

- 15.2. If no boat has passed Mark 1 within the Mark 1 Time Limit the Race Committee will abandon the race. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a), *Protest Contents.*
- 15.3. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRSs 35, *Time Limit and Scores*, A4, *Low Point System*, and A5, *Scores Determined by the Race Committee.*

## 16. STILL RACING SCORE

- 16.1. For the Optimist and P Class fleets boats failing to finish within 20 minutes after the first boat in its fleet sails the course and finishes may apply to be scored SRS, “Still Racing Score”. This changes RRSs 35, *Time Limit and Scores*, and A4, *Low Point System* and A5, *Scores Determined by the Race Committee.* The end of the 20-minute time limit will be indicated by the removal of the appropriate fleet flag with one sound on the Race Committee vessel at the finish line.
- 16.2. This score will be calculated to be 3 points more than the last boat to finish in the fleet of that race but not more than DNF.
- 16.3. Boats requesting SRS must complete a request form prior to the protest time limit. Request forms will be available at the race office.

## 17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 17.2. For each fleet, the protest time limit is 60 minutes after the last boat in its fleet has finished the last race of the day. Protest time limits will be posted.
- 17.3. Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties. The notice will include the order and location of the hearing.
- 17.4. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b), *Informing the Protestee.*
- 17.5. A list of boats that, under SI 14.2, have been penalised for breaking RRS 42, *Propulsion*, will be posted.

- 17.6. For the purpose of RRS 64.3(b), *Decisions on Protests Concerning Class Rules*, the 'authority responsible' is the Equipment Inspector appointed by the organising authority.
- 17.7. Penalties for breaches of Class Rules and Safety Regulations may be less than disqualification if the Protest Committee so decides.

---

## **18. SCORING**

---

- 18.1. The number of races required to be completed to constitute a series is included in the Regatta Specific Schedule.
- (a) When fewer than five races have been completed, a boat's series score will be the total of her race scores.
- (b) When from five and nine races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When ten or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 18.2. To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the race office.

---

## **19. [NP][DP] SAFETY REGULATIONS**

---

- 19.1. Competitors or their representatives shall sign-on each time they leave the shore to enter the course, and shall sign-off each time they come ashore from the course.
- 19.2. A boat that retires from a race or returns to the launching area before she finished the last race of the day shall notify the Race Committee as soon as possible.

---

## **20. [DP]REPLACEMENT OF CREW OR EQUIPMENT**

---

- 20.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 20.2. When a series has a duration of less than 10 calendar days all competitors shall use only one hull, mast, mainsail, jib, spinnaker, boom, centreboard and rudder unless class rules allow otherwise.
- 20.3. Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made to the Race Office at the first reasonable opportunity unless class rules allow otherwise.
- 20.4. Change of sail numbers will not be allowed without prior written approval of the Race Committee.
- 20.5. No change of equipment other than as provided in SIs 20.1 and 20.3 will be allowed.

---

## **21. EQUIPMENT INSPECTION**

---

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a member of the race committee or the technical committee to proceed immediately to a designated area for inspection.

---

## **22. [NP][DP] ADVERTISING**

---

- 22.1. Boats may display advertising supplied by the organising authority.

---

## **23. [NP][DP] SUPPORT VESSELS**

---

- 23.1. Except when participating in rescue operations, team leaders, coaches, parents and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or retired or the Race Committee signals a postponement or an abandonment (but not a general recall) of all fleets. The areas the boats are racing is defined as the area inside the course and within 100 meters of any mark, lay line, starting line, finishing line or any area where any boat that is racing is sailing or may sail. During any starting sequence, support vessels in the vicinity of the start line, shall stay at least 50 meters below the starting line and its extensions.
- 23.2. When a Race Committee or Protest Committee member indicates a support vessel to move further from the course area, the mentioned vessel shall do so immediately.

- 23.3. The Protest Committee or the Race Committee may instruct one or more support vessels to maintain station in areas which are at variation to SI 23.1.
- 23.4. All occupants of support vessels less than 6 metres long shall wear an appropriate size personal flotation devices (PFD) at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. Each PFD shall comply with Maritime Rules Part 91, Navigation Safety Rules, wet suits and dry suits are not PFDs. For support vessels 6 metres or longer the Maritime Rules require the vessel to carry sufficient personal flotation devices of an appropriate size for each person on board and in a readily accessible location.
- 23.5. All support vessels shall have a kill-cord attached to the driver at all times when the engine is running, unless prior written exemption has been provided by the Organising Authority.
- 23.6. When the wind is less than 10 knots support vessels shall not exceed 5 knots within 500m of the area where boats are racing at other times vessels that are motoring above 5 knots shall remain at least 150 metres from any boat racing.
- 23.7. When flag V (with a long sound signal) is displayed on a committee vessel all support vessels shall remain afloat and assist all sailors and monitor the race committee VHF radio channel for search and rescue instructions. 
- 23.8. The Race Committee or the Protest Committee may protest any boat whose support vessel is in breach of SI 23. Penalties imposed as a result of a protest under this rule will result in a penalty being imposed on the boat(s) supported by the support vessel.
- 23.9. Attention is drawn the relevant local authority bylaws regarding wearing of lifejackets and other safety requirements.

---

#### **24. RUBBISH DISPOSAL**

- 24.1. As sailors, we seek to protect and restore our oceans and coastal waters. Sailors, coaches and supports person shall not intentionally put rubbish in the water. Rubbish may be placed in support and race committee vessels.

---

#### **25. [NP][DP] LAUNCHING AND RETRIEVAL RESTRICTIONS**

- 25.1. All boats will be required to launch and retrieve from beach/ramp adjacent to the yacht club except with and according to the terms of prior written permission of the Race Committee.

---

#### **26. [DP]RADIO COMMUNICATION**

- 26.1. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones.

---

#### **27. PRIZES**

- 27.1. Prizes will be as notified in the Notice of Race or the Regatta Specific Schedule.

---

#### **28. RISK STATEMENT**

- 28.1. Competitors participate in the regatta entirely at their own risk. RRS 4, *Decision to Race*, states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

- (e) The provision of a race management team, patrol vessels and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;

The provision of patrol vessel cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.