

## Learn to Sail Introduction for Adults

The Learn to Sail Introduction at Maraetai Sailing Club aims to teach sailing to adults, both young and not so young, in a fun and supportive group environment, learning from your coach, and other sailors on the water.

Our club is proudly hosting the 2020 Auckland Optimist Champs, and also the 2021 Optimist Nationals.

The club has a laser that you can use to hire for a three week trial period. During this trial period, you will be taught the basics of sailing by our coach. After the trail period, there are options for you to sail using your own sailing dinghy within a group situation on a Sunday, or on Tuesday evenings.

### **Information Day**

Come along to our information day on 13<sup>th</sup> October at 10am. This is where you will meet the committee, get given all the information you need and have an opportunity to view our sailing sheds and ask any questions you may have.

### **2019/2020 Season Dates**

The intro course is held on Sundays

Start Date 3<sup>rd</sup> November
Last Sailing for 2019 15<sup>th</sup> Demember
First Sailing for 2020 2<sup>nd</sup> Feburary
Last Sailing for the Season 4<sup>th</sup> April

#### What you will need

You do not need to rush out and purchase a range of sailing gear, but you will need appropriate gear:

Wetsuit
Spray Jacket or Windbreaker
Shoes that can get wet
Sailing Gloves
Hat – preferabley with a clip
Towel and warm, dry clothing for after sailing



# **Club Support**

If your sailor is under 18 years old, for safety reasons we require the sailors parent or guardian to remain on site at the club while the sailing program is on. If you are remaining at the club during this time, assistance in the lauching and retrieving of our RHIBs is appreciated. We also require assistance for the running of our BBQ on the Sundays to provide our sailors and support crew with a lunch option (there is a minimal cost for lunch).

#### Fees

\$150 – this includes the cost of hireage of the club laser and three weeks of coaching

#### What to do next?

If you need more information, please email <u>juniorsailing@maraetaisailingclub.org.nz</u> or call Jenni on 021 440 145

To register for our Laser Sailing Introduction Program, please go to <a href="https://www.maraetaisailingclub.org.nz">www.maraetaisailingclub.org.nz</a> or email us at admin@maraetaiboatclub.org.nz