

Your Burn and Wound Clinic Visit

This handout will help you prepare for your burn clinic visits.

What to Bring

- A list of your medicines (include any that have been ordered by other providers)
- List of allergies (include any side effects you might have from medicines, such as upset stomach, nausea, diarrhea, etc.)
- Supplies for your dressing change (if asked to do so)

How to Prepare

One hour before your clinic visit take the pain medicine as directed for your wound care.

If you are taking narcotic pain medicine, you will need to have someone drive you to and from your clinic visit. Take your narcotic pain medicine with food.

If you have questions/concerns about this, please call the burn/wound clinic:
(608) 264-8040.

What to Expect During Your Visit

- The current dressing will be removed by a medical assistant or nurse.
- The burn/wound will be washed with soap and water.

If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 11/2020 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#8017

- The provider or RN will assess the wound.
- The provider will decide if there are any changes to your dressing.
- The medical assistant or nurse will apply the new dressing.

Dressing Changes at Home

- You may be taught to change your dressings at home. You will be given supplies to last until your next visit or connected with a disposable medical equipment (DME) provider.
- Let staff know how many dressings you have left. We can send more home with you or connect you with a DME provider.
- If you are not taught to change your dressings at home, keep them on. Keep your dressings clean and dry. Don't remove them. Staff will take them off at the next visit.

Who to Call

Burn/Wound Clinic
(608) 264-8040