Home Care After Your Endoscopic Ultrasound (EUS)

After the procedure, you may have:

- A mild sore throat. Saltwater gargles or sucking on hard candy may help.
- Some gas pains from the air used to distend your stomach. If you burp, this will help.

At Home

Due to continued effects of sedation after your procedure, the following information is provided for your safety and recovery:

- **Do not** drink alcohol, take tranquilizers or sleeping pills tonight.
- **Do not drive today.** A responsible adult must provide transportation post discharge. **Do not** drive by yourself until the next day if you received sedation medicine or general anesthesia. Driving after a procedure performed with sedation or anesthesia medicines may be viewed the same as impaired driving.
- It is recommended that you are observed for at least 6 hours after discharge for moderate sedation and 24 hours after general anesthesia.
- **Do not** make any important decisions today after procedure.
- Rest today. **Do not** return to work or school. You may resume normal daily tasks the next day.
- **Do not** operate hazardous machinery today.
- There may be some discomfort at the IV site for a day or two. Relieve pain by placing a warm, moist washcloth over the site. Call your primary doctor if the discomfort does not improve in a couple of days or if new symptoms of increasing pain, warmth and /or redness develop.

Medicines

You may resume your routine medicines unless told otherwise.

Diet

Your doctor will let you know if you need to be on a clear liquid diet, otherwise, start with a light diet today. You may resume your normal diet the next day.

When to Call

- Vomiting blood
- Feeling lightheaded
- Bloody stools
- New, severe, sharp, or steady pain in your abdomen, neck, or chest
- Chills or fever over 100°F
- Shortness of breath or trouble breathing

Who to Call

If you have questions or concerns within 24 hours of your endoscopic ultrasound, please call the number below. After 24 hours, call your referring doctor.

Doctor _____

APC/GI Procedures Center
Monday – Friday, 7:30 am – 5:00 pm
(608) 263-8094

After clinic hours, call **(608) 262-0486**. This number will give you the paging operator. Ask for the Gastroenterology (GI) doctor on call. Leave your name and phone number with the area code. The doctor will call you back.

If you live out of the area, please call **1-800-323-8942**.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 3/2026. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7482.