

## Neuropsychological Testing

Your doctor has ordered neuropsychological testing for you. This testing studies how your brain works and helps us learn the cause of your symptoms to help plan the best treatment for you.

### Reasons for Testing

People have this test for many reasons. Sometimes people have had a head injury or a health condition that affects how their brain works. Other times, people begin to have problems they hadn't noticed before and are concerned about why they are having them.

### Types of Testing

You will be given many different tests. Some of the tests use a paper and pencil. Other tests use the computer or are done by talking with the person working with you. The tests measure:

- Your memory
- Your attention
- How you process information
- Your speech and language
- How you manage stress

The tests can become hard, which may make you feel uneasy. The person working with you will be there to support you and plan for breaks.

### Results

After the testing, the Neuropsychologist will create a report that will go to your referring doctor. This can take about 2-4 weeks, so be sure to make a follow-up visit after 4 weeks. Your doctor will go over the test results with you. You may then be referred to another expert such as a speech therapist, occupational therapist, psychologist, or psychiatrist.

### Who to Call

If you have any questions, please call one of the phone numbers below.

Neuropsychology Clinic  
(608) 263-5430 or 800-323-8942

You can also visit our website at:  
[www.uwhealth.org](http://www.uwhealth.org).

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 12/2024. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#5936