

Ureaplasma Urealyticum (UU) and Mycoplasma Hominis (MH)

This handout is about tiny bacteria called *Ureaplasma urealyticum* (UU) and *Mycoplasma hominis* (MH). They can be found in the mouth, genitals, bladder, or rectum in most adults. They are typically spread through sexual contact but this is not always the case. It is a sexually associated disease, not a sexually transmitted disease.

Symptoms

Most people have no symptoms. Others have symptoms such as:

- Burning/pain with urination
- Pelvic/perineal (the area between the anus and genitals) pain
- Vaginal or penile discharge
- Feeling like you are not able to fully empty your bladder
- Urinating more urgently and frequently than usual

Risks

There is a risk of spreading these bacteria to any sexual partners. They may or may not have symptoms. The bacteria may increase risk of infection, infertility, and pregnancy complications.

Testing

Testing may be done using urine or swab tests. Even with these tests, it can be confused with other bacteria.

Treatment

Both you and your partner(s) must be treated at the same time with antibiotics to destroy the infection. Be sure to tell the provider or pharmacist about any allergies.

While being treated, **do not have vaginal, oral, or anal sex with or without condoms during this time.** During treatment, do not use a vibrator. After treatment, please clean and disinfect vibrator and all sexual toys before reusing. Never douche during or after treatment.

Follow-up Visit

You should return to the clinic about 1 to 4 weeks after finishing the medicine to check if the bacteria is gone.

Who to Call

If you have questions, please contact your provider through MyChart or call your provider listed in your After Visit Summary or After Hospital Care Plan. For a list of UW Health Clinics, visit

www.uwhealth.org/.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 4/2026 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#8271.