

## ADHD Care Guidelines

### **Before The First Visit**

Before the first visit, a nurse will contact you to get important information. They will send you a link to screening questionnaires and Release of Information forms. The doctor will need the release form signed by the parent or guardian to get information from the child's school or daycare regarding ADHD symptoms and behaviors.

### **First Assessment**

The first assessment takes about 1-2 visits that are 25-60 minutes each. For children and many teens, the doctor may suggest a parent-only portion of the visit first to review the forms and talk about your concerns. A second visit with the child or teen present is then set up to do an exam, talk more, and make a plan.

### **First Phone Follow-up**

You may receive a phone call 7-10 days after starting medicine. Please feel free to call sooner if you have questions.

### **First Follow-up Visit**

This is scheduled a few weeks after starting medicine.

### **Ongoing Follow-up Visits**

In general, kids need to be seen every 1 to 3 months at first. As medicine is stabilized, visits may be every 3-4 months. Once kids are on a steady plan and responding well, they may be able to be seen every 6 months. The doctor may offer additional types of visits for ongoing education, support, and care.

### **Well Care Visits**

All kids being treated for ADHD have a yearly check-up. This is often its own visit to allow time for prevention and routine care. If you would prefer to have a medicine check on the same day, please let the office know, so we can allow enough time to talk about all your needs.

### **Refills Between Visits**

Refills can be sent directly to the pharmacy of choice. Please call the clinic to request the refill. Allow up to 72 hours. Please call if you have any questions.