Health Facts for You



Safe Sharps Disposal at Home

Sharps waste cannot be thrown away with your trash or recycling. To prevent injury and illness to yourself and others, use the guidelines below for getting rid of sharps waste in your home.

Examples of Sharp Waste

- Needles
- Lancets
- Syringes
- Any other sharp objects

What to Do with Sharp Wastes

Obtain or purchase a "Sharps Box" from your pharmacy, hospital, clinic or health department.



How to Dispose of Sharps Waste

- Close the lid tightly when the container is 3/4 full.
- Ask your pharmacy or doctor's office if they are a disposal site.
- Some UW Health locations can help with disposal. These include:
 - University HospitalOutpatient Laboratory
 - Other UW Health locations designated as collection points
- There are other disposal sites in local towns and states. For this and other rules, look online at http://www.safeneedledisposal.org

You may also use a hard, plastic liquid laundry soap or bleach bottle with a screw on lid. If you choose this option, you will need to get a biohazard sticker.

If that is not an option, write "Sharps" on the bottle. This lets others know there are sharps wastes inside. Always keep sharps containers out of the reach of children and pets.



Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright 9/2021. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#4587.