Health Facts for You



Valvuloplasty

Valvuloplasty

A valvuloplasty is a procedure to open a stiff heart valve. A thin flexible tube (catheter) is inserted into a blood vessel and guided to your heart valve. The balloon on the end of the thin flexible tube is used to open the heart valve leaflets. Xray Dye is used to see the heart valve and the flexible tube on the monitor.

Before the Procedure

- A nurse will call you a few days before to tell you how to prepare for the procedure and what time to arrive.
- Please have a list of all medicines and supplements to review with the nurse.
- Let us know of any special care needs.
- Let us know if you do not want family or friends present when the nurse or doctor talks about your healthcare.

Day of the Procedure

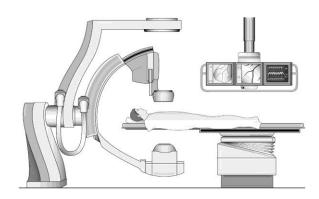
- Please arrive to the procedure area at the time you were instructed.
- Bring a list of your medicines and supplements.

The Procedure

 Your doctor will tell you where the flexible tube will be placed during the procedure.

- Your doctor will use numbing medicine where the flexible tube will be placed.
- You will be given medicine for pain and to make you sleepy. You will be sleepy but able to talk with your doctor and nurse.

In the Cath Lab



After the Procedure

- You will return to a room to recover.
- The flexible tube will be removed, and pressure held on the site.
- Sometimes a device may be used to stop any bleeding.
- Your nurse will tell you when it is safe to get out of bed.
- Your doctor will tell you if you go home the same day or stay overnight.
- You will receive further instructions regarding your care when you are discharged home.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 6/2024 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#8202