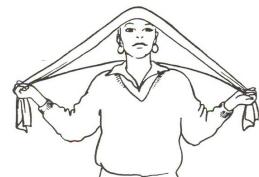
## **Double Wrap**

1. Center the scarf on top of your head. Then move it down onto the forehead--wherever it feels comfortable. Most often your eyebrows should show.



**2.** Grab both ends & cross in back of head at neck, covering ears.



**3.** Keeping one end fairly taut, start to twist the other end. While twisting the end of the scarf, bring it over the top of your head, around & down the other side to the back.



4. Tuck the end in where the twist started. Then twist the other end, wrapping it in front of the piece already there. Bring it around to the back and tuck the end in.



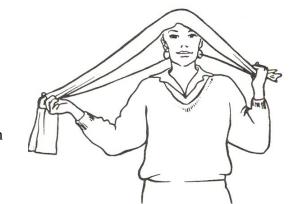
**5.** Make sure both ends are tucked in securely. Wrap as tight as is comfortable. You want it fairly snug.



## Single Wrap with Knot

For scarves not long enough for double wrap, you can do a knot.

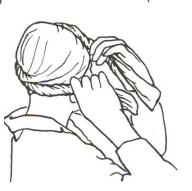
**1.** Place the scarf on your head with one end much longer than the other.



**2.** Cross the two ends at the back of your neck.

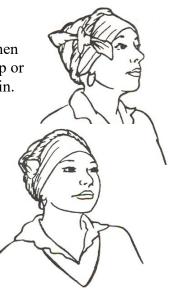
**3.** Keeping the short end fairly taut, start twisting and wrapping the long end. Bring it up and around the other side, just above your ear. Then twist and wrap the short end just enough to meet the long end.





**4.** Tie the two ends in a knot. Then just tuck the ends under the wrap or under the knot so that they stay in.

The knot is about all you can do with large square scarves, since they are not usually long enough for a double wrap.



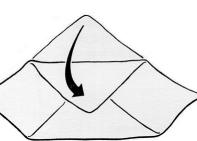
## **Scarf Size**

The best shape for scarf tying is oblong.



For double wrap: 14" wide x 66" - 72" long. For single wrap: 14" wide x 36" long.

Or, try a large square scarf, 1 yard x 1 yard. To make it oblong, fold in 2 opposite corners toward each other.



#### Fabric

The best fabric for scarves is stretch cotton or other cotton material. Shiny fabric is often too slippery. Experiment. Try different kinds. You may want to buy fabric and make your own oblong scarves.

# Winter Tip

You may want to wear a hat along with the scarf. The back of the neck tends to get cold with just a scarf.

With special thanks to Cris Walton

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