

Orchiectomy

Orchiectomy is the removal of one or both testicles. Testicles can be removed due to cancer, pain or injury. A radical orchiectomy is removal of the entire testicle and spermatic cord. A simple orchiectomy is removal of the testicle only. If one testicle is removed you will have a groin wound on that side. If both testes are removed you will have a scrotal incision.

After Surgery

- You will have gauze dressing over the wound. Change this at least daily and if it gets wet.
- If you have a small drain in the scrotum, it will be taken out in 1-2 days.
- It is common to have scrotal bruising and swelling.
- You may develop a marble sized “knot” in your scrotum where the testicle was removed. It may or may not go away. This is a normal. If it is a reaction to the stitches it may go away after weeks or months. If it is scar tissue it will not.
- You will have pain pills for pain.

Incision Care

Wear a scrotal supporter for 3 days. This can help decrease swelling.

Keep your wound dry for 3 days. Then, you may shower. Wash your incision with a mild soap and water. Rinse well and gently pat dry. No hot tubs, bathtubs, or swimming pools until your incision is healed. That may be 2 weeks or longer.

Check your wound daily for signs of infection.

- Increasing redness or warmth of wound
- Pus-like drainage
- Pain not controlled with pain pills
- A bruise that is getting worse each day
- Excess bleeding
- Excess swelling
- Temperature greater than 100.5° F by mouth for 2 readings, taken 4 hours apart

Activity

- Do nothing more strenuous than moderate walking for 7 days
- Do not lift more than 10 pounds for 7 days

Diet

- Do not eat or drink anything after midnight before surgery
- After surgery you may eat whatever you like
- Drink 8–10 glasses of fluid a day to aid healing
- Do not drink alcohol for at least 24 hours or if you are taking narcotic pain pills

Follow-Up

You will have an incision check in 7-14 days. This visit will be made for you before you go home.

Phone Number

Urology Clinic: **(608) 263-4757**

After hours, weekends and holidays this connects to the message center.

Ask for the **urology doctor** on call or the doctor on call for Dr. _____.
Leave your name and phone number with the area code. The doctor will call you back.

Toll Free: **1-800-323-8942.**

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright ©5/2019. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#4618.