

## Removal of Breast Implant

### What to Do

- Avoid strenuous exercise for 2 weeks.
- Take it easy for one week.
- Activity as tolerated after one week.
- No driving while on narcotic pain medicine.

### After Surgery

- If you would like to wear a breast prosthesis in your bra, talk with your surgeon about when you can begin wearing one. This will require a prescription.
- You may have a small drain or tube under the skin for a short time. This drain will remove excess fluid. You will be taught how to care for this drain before you go home. The drain is most often taken out on your first clinic visit or as otherwise directed.
- You may shower the next day and pat dry. No tub baths or swimming.
- Wear the surgical bra at all times except when showering, until your clinic follow up visit.
- Plan to visit your surgeon for follow up in 5- 7 days, and in 14 days.

### When to Call Your Doctor

- Redness, swelling or bruising of the incision.
- Pus-like drainage, odor, or bleeding.
- Pain not controlled with pain medicine.
- Temperature greater than 100.4° F for 2 readings taken 4 hours apart.

**Surgery Clinic: (608) 263-7502**, 8:00 a.m. to 4:30 p.m. weekdays.

**After hours**, the clinic number is answered by the paging operator. Ask for the Plastic Surgery resident on call. Leave your name and phone number with the area code. The doctor will call you back.

Toll Free: **1-800-323-8942**.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 5/2017 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#4799.