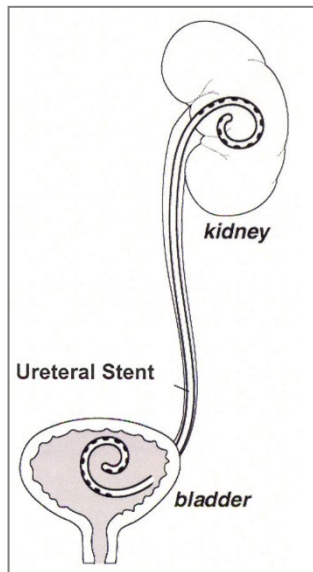


## Ureteroscopy (URS)

**Ureteroscopy** involves putting a small scope into your ureter (the passage from the bladder to the kidney) through the bladder. This is done to look at the ureter and/or treat certain problems of the ureter.

Handling the ureter can sometimes cause swelling, so a very small, hollow stent (tube) may be left in place for several days. This depends on the reason for the procedure. The stent allows the urine to keep flowing.

You will need to come back to the clinic to have the stent taken out.



### Day of Surgery

Shower with the antibacterial soap as directed before you leave for the hospital.

### Home Care

#### Diet

- Resume your normal eating habits.
- Drink at least 6-8 (8 oz) glasses of fluid daily. Try to drink most of this before dinner, so you are not up all-night passing urine.
- Do **not** drink alcohol for 2 days.

#### Activity

You may resume your normal routine, but rest if you have pain or blood in the urine.

#### Medicine

Take pain pills as prescribed. Take all of your antibiotic if you were prescribed one.

#### Passing Urine

You may go home with a stent. It may feel like you have to pass urine more often or it may cause a burning feeling in the bladder. This will lessen with time. You may have blood in your urine.

#### Follow-Up Care

You will have a follow-up visit with your doctor. If you have a stent, it is very important that you not miss or delay your follow-up visit.

#### When to Call

Call your doctor if you have:

- Trouble passing urine
- Large blood clots in the urine
- Pain not relieved by pain pills
- Cloudy or foul-smelling urine
- Red or bloody urine after 3 days
- A fever over 100.5° F, taken by mouth.

Your urology doctor is:

---

**Who to Call**

UW Health Urology  
**(608) 263-4757**

Eastpark Medical Center- Urology  
**(608) 914-0200**

1 S. Park Medical Center- Urology  
**(608) 287-2900**

UW Health Pediatric- Urology  
**(608) 263-6420**

**After hours, nights, weekends, and holidays,** the clinic number is answered by the paging operator. Ask for the Urology doctor on call. Leave your name and phone number with the area code. The doctor will call you back.

The toll-free number is: **1-844-607-4800.**

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 3/2025 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#5925