

Partnering for Fall Prevention: My Child's Falls Safety Plan

We care about your child's safety. Our team wants to partner with you and your family to protect your child from falling. If you have questions about your child's fall risk status, talk to your team.

Remember:

1. Sick children fall and get hurt.
2. A fall can add days to your stay.
3. With your help, we can prevent your child from falling.

Your child may be at risk for falls or injuries due to:

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| <ul style="list-style-type: none"><input type="checkbox"/> Age Based Risk<ul style="list-style-type: none">• Learning to walk• Learning to use the bathroom• Climbing, running, and jumping<input type="checkbox"/> New Place<input type="checkbox"/> Tripping hazards (equipment, cords, and personal belongings)<input type="checkbox"/> Long hospital stay<input type="checkbox"/> Physical changes | <ul style="list-style-type: none"><input type="checkbox"/> Medical Risks<ul style="list-style-type: none">• Orthopedic conditions• Many trips to the bathroom• Dizzy, restless, or lightheaded from illness or medicine• Procedure or sedation within the last 24 hours• Muscle weakness or balance issues• Seizures or movement disorder• Brain injury/concussion/brain tumor/resection tumor/resection |
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Based on the risks noted above, your child's risk of falling is:

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| <input type="checkbox"/> Standard Risk for falls | <input type="checkbox"/> High Risk for falls |
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What You Can Do to Prevent Falls:

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| <ul style="list-style-type: none"><input type="checkbox"/> Use the call light to call for help when getting child up<input type="checkbox"/> If caregivers leave, please let nursing know so we can keep your child safe<input type="checkbox"/> Keep personal items and call light within reach<input type="checkbox"/> Keep room and floor clutter free<input type="checkbox"/> Be aware of monitors, IV poles/tubing, oxygen tubing, EEG leads, etc.<input type="checkbox"/> No running, skipping, or horseplay | <ul style="list-style-type: none"><input type="checkbox"/> Use safety straps on highchairs, strollers, wagons, etc.<input type="checkbox"/> Child should wear clothing that fits. Avoid long gowns and pants child could trip over.<input type="checkbox"/> Child should be wearing footwear when up out of bed<input type="checkbox"/> Supervise activity in playroom and room (i.e., do not stand on couch, bed, or windowsill)<input type="checkbox"/> Use side rails on bed or ensure crib rails are locked in highest position |
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Fall Safety = Call Nurse First

What Staff Will Do to Keep Your Child Safe:

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| <ul style="list-style-type: none"><input type="checkbox"/> Place a high fall risk leaf sign outside of your door<input type="checkbox"/> Provide non-slip socks<input type="checkbox"/> Stay with your child in the bathroom and the shower | <ul style="list-style-type: none"><input type="checkbox"/> Consider the use of low beds, floor mats, or bed alarms<input type="checkbox"/> Consider making a toileting schedule or use a bedside commode with your child<input type="checkbox"/> Ask to have physical therapy work with you (as needed) or use devices like a gait belt or walker |
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Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 4/2024 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7928