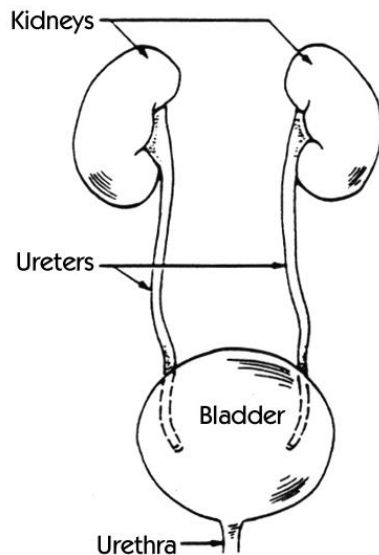


## Direct Visual Internal Urethrotomy (DVIU) Home Care

A DVIU is the repair of a narrow segment (stricture or scar) of the urethra. A small scope is placed into the urethra, and a cut is made to repair the stricture (scar).



### After Surgery

It is normal to have some pain in the area of repair for about 2 weeks. You will have pain medicine to take as needed.

In most cases, patients will go home with a catheter. The catheter could remain in place for 2 days to 2 weeks. It depends on the amount of repair and your doctor. We will teach you how to care for the catheter before going home.

### Activity

- **Do not** lift more than 10 pounds for 2 weeks.
- Drink at least eight (8-ounce) glasses of fluid daily. More if urine is bloody.
- **Do not** drive if taking narcotics.
- No sex for 1 week.
- You may shower. If you have a catheter, do not take tub baths, soak in a hot tub, or go swimming.
- Nothing strenuous until your doctor says it is okay.
- Your doctor will talk with you about going back to work.

### When to Call

- Catheter is not draining.
- Problems passing urine after the catheter is removed.
- Decrease in the amount of urine you pass.
- Temperature over 101° F by mouth for two readings taken 4 hours apart. Use Tylenol® for fever.
- Large amount of blood in urine (you may have some spotty bleeding for a few days).
- Pink, cherry and burgundy urine is ok. If it is thick like ketchup, call the clinic.

### Follow-Up Care

You will have a follow-up visit that will be made before you leave the hospital.

**Who to Call**

UW Health Urology

**608-263-4757**

East Madison Hospital

Urology

**608-440-6464**

1 S. Park St. Medical Center

Urology

**608-287-2900****Toll-free 1-844-607-4800.**

**After hours, weekends, and holidays,** the clinic number is answered by the paging operator. Ask for the Urology Doctor on call. Leave your name and phone number with the area code. The doctor will call you back.

Your medical record number is:

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Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright ©9/2022. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#4416.