

## Stereotactic Core Needle Breast Biopsy

Based on the results of your last mammogram, the doctor (radiologist) suggests a **stereotactic core needle biopsy**. In this procedure, breast tissue samples are removed with a core needle.

### Before the Biopsy

A Breast Center nurse will review all prescribed and over-the-counter medicines. You may need to stop blood thinners before the biopsy. The nurse will discuss this with you. You may take Tylenol® as needed if you do not have liver disease. The nurse will also review all allergies.

You will be awake for the biopsy. If you would like a medication to help you relax before the biopsy, please contact your primary doctor in advance. If you take this medicine, you must have someone drive you home. **Do not** drive or make important decisions until the next day.

You **do not** need to fast before the biopsy. If you are diabetic, follow your normal care routine.

Wear a two-piece outfit. We will ask you to undress from the waist up.

**Do not** use talcum powder, lotions or deodorant on the breast and underarm area.

Your stay at the Breast Center will be about 2 hours.

### During the Biopsy

You will sit in a special chair that can be positioned at different angles to allow access to the spot of your breast to be biopsied.

Your breast will be held in place by compression with paddles, like when you have a mammogram. We will take pictures using the mammogram machine. This will help us locate the correct site for biopsy. Staff will step away behind a shield. We will ask you to hold your breath and be as still as you can.

We will clean your breast with an antiseptic soap. This may feel cool on your skin.

We will inject a numbing medicine (Lidocaine) into your breast. You may feel a brief sting.

After you are completely numb, the doctor (radiologist) will place the needle in the correct using mammogram images as a guide. You may feel pressure as this needle is placed but should not feel any pain. If you do feel pain, let the staff know.

You will hear a whirring sound from the biopsy machine as we take the samples. We will send the samples to the lab.

After the biopsy, a small titanium marker will be placed in the breast. This will mark the area of the biopsy. If you need a future surgery, this will help guide the surgeon to the right spot. If you do not need surgery, the clip will stay in place. You can see it on future mammograms. There are no known risks with having the marker. Metal detectors or MRIs will not affect this marker.

It is normal to have some light bleeding. We will apply pressure until it stops. We will cover the site with thin strips of tape (Steri-Strips™) and apply an ice pack for about 10 minutes.

After your biopsy is complete, you will have a final mammogram to look at the placement of the marker.

### Site Care

- Apply ice for 20-30 minutes at least 3 times the day of the biopsy. Then, use ice as needed to reduce swelling and pain.
- Wear a support bra, like a sports bra, for 24-48 hours.
- You may remove the gauze bandage over the biopsy site the next day. You will have thin strips of tape or Steri-Strips™ over the site. These will loosen and come off on their own in about 5 days. If they are still in place after 5 days, you may gently peel them off.
- You may shower the next morning. **Do not** soak in a bath or pool for 48 hours.

### Pain

You may have some pain and bruising. It should go away in about a week. You may take Tylenol® for the first 24 hours if you do not have liver problems. You may resume taking aspirin or ibuprofen 24 hours after the biopsy (if no signs of bleeding) or as directed by your doctor.

### Blood Thinners

Ask your doctor when you can resume taking Coumadin®, aspirin, or other blood thinners.

### Activity

**Avoid** forceful arm movements and heavy lifting for the first 24 hours. You may resume your normal routine the next day or as directed by your doctor.

### Results

Your biopsy results should be ready in 3-4 working days. You will receive those results through MyChart if you have an active account. In addition, within 1-2 working days after the results are released in MyChart, your doctor or the Breast Center staff will call you to explain your results and go over follow up recommendations.

### When to Call

- Fever over 100.4° F for two readings taken 4 hours apart.
- Increased swelling, firmness, redness, or warmth.
- Pus around the site.
- Heavy bleeding from the site.

### Who to Call

Call your doctor or the Breast Center if you have questions or concerns about your care.

Breast Center at the Clinical Sciences Center  
600 Highland Avenue  
Monday-Friday, 8:00 am to 4:30 pm  
**(608) 266-6400**

Breast Center at 1 S Park Medical Center  
Monday-Friday, 8:00 am to 4:30 pm  
**(608) 282-8190**

After hours, call **(608) 263-6400**. Ask for the radiologist on call. Give your name and number with the area code. The doctor will call you back.