Follow Up Visit
Your follow-up visit is on ____________. 

Fluids
The day of and day after the procedure, drink extra fluids to flush the IV contrast from your system. Try to drink 1 to 2 quarts extra.

Diet
You can resume your normal diet after the procedure.

Swelling
You may have some puffiness around the eyes, starting about day 2 or 3 after treatment. This is normal and should go away by itself.

Starting the day after radiation, you can place cold cloths on your eyes to help reduce the swelling. Put the cloths on for about 20 minutes at a time, 3-4 times a day. Keep using the cold cloths for about 4 days.

Pain
You may have some pain, tenderness, or numbness around the pin sites for a few days to a few weeks. This is normal and should go away by itself.

Activity
You may feel a little tired for a day or two. You can be as active as you want.

Bathing
You should not wash your hair for at least 2-3 days after the treatment or until the pin sites have healed

Pin Site Care
Gently wash the pin site area twice a day. Apply a small amount of antibiotic ointment to the site. The pin sites may drain or even bleed a little tonight.

Signs of Infection
Check your pin sites twice a day for the next 3 days to watch for any signs of infection. These include:
• Increased swelling
• Redness
• Drainage
• Fever above 100° F

Bleeding
If you are taking blood thinners, you may have bleeding from a pin site. If this occurs, place clean gauze on the pin site and hold pressure. If you cannot get the bleeding to stop after 5-10 minutes of pressure, call the doctor on call, go to urgent care or seek medical help right away.

Special Medicine Instructions

____________________________________
____________________________________
____________________________________
____________________________________
____________________________________
____________________________________
**When to Call**

- Increasing or severe headaches that are not relieved by Tylenol®
- Headaches that occur daily or several times a day, even if relieved by Tylenol®
- Headaches with nausea and vomiting
- Nausea or vomiting
- Any change in strength or sensation (numbness or tingling)
- Being clumsy or problems with the movement of a hand or leg
- Changes in vision, hearing or speech
- Balance, dizziness or trouble walking
- New onset of confusion
- New or worsening seizures

**Who to Call**

Radiotherapy Clinic
(608) 263-8500

If the clinic is closed, your call will be transferred to the paging operator. **Ask for the radiotherapy doctor on call.** Give your name and phone number with the area code. The doctor will call you back.

The toll-free number is **1-800-323-8942.**