

## Semen Sample Collection After Vasectomy

After your vasectomy, you will need to have a semen sample checked at least once or twice. The first sample should be brought in 2-3 months after your vasectomy.

Read this handout for collection and transport instructions, as well as a listing of drop-off locations.

You must drop off samples **8-12 weeks after your vasectomy**. You must collect the sample at home.

1. Either pick up a **sterile** container from a lab listed on the next page or use the one that was given to you after your procedure.
2. **Do not ejaculate for three days** before you collect your sample.
3. Masturbate to collect your sample into the sterile container. **Do not use a condom or spermicide.**
4. After you collect the sample, you **must keep the sample warm** (body temperature) until you drop it off at the lab. You can do this by carrying the sample in hand or against the body.

5. **Hand-write** this information (Sharpie works best):

- a. Full Name
- b. Date of Birth (D.O.B)
- c. Date of Collection
- d. Time of Collection

If any of this information is missing, it may result in testing **delay** and/or **rejection** of sample.

6. You **must** drop off your sample within **one hour** of collection at any UW Health lab listed on the next page **between 8:00 am and 1:00 pm, Monday through Friday only.**

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 3/2024 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#8095.

**Post Vasectomy samples may be dropped off (within one hour of collection) at the following UW Health Laboratory locations, Monday – Friday between 8:00 am and 1:00 pm:**

**DROP OFF AND ANALYSIS SITES**

Beaver Dam Clinic (920) 887-9272 705 S. University Ave., Suite 200	Odana Rd. Clinic (608) 274-1100 5618 Odana Road	University Hospital* (608) 263-8040 600 Highland Ave.
Belleville Clinic (608) 424-3384 1121 Bellwest Blvd.	Oregon Clinic (608) 835-5588 137 S. Main Street	East Madison Hospital* (608) 234-6600 4602 East Park Blvd.
Fort Atkinson Clinic (920) 563-5544 1620 Mehta Lane	Portage Clinic (608) 742-3004 2977 County Hwy CX	Verona Clinic (608) 845-9531 100 N. Nine Mound Road
Mount Horeb Clinic (608) 437-3064 600 N. 8 <sup>th</sup> Street	Sun Prairie Clinic (608) 837-2206 2651 Windsor Street	West Towne (608) 828-7640 7102 Mineral Point Road
Northport Dr. Clinic (608) 241-9020 3209 Dryden Drive	Union Corners Clinic (608) 242-6850 2402 Winnebago Street	Yahara Clinic (608) 222-8779 1050 East Broadway

**DROP OFF ONLY SITES**

**ALERT:** If your health care team has requested a **second sample**, you **MUST** drop it off at a location listed above under “DROP OFF AND ANALYSIS SITES”.

1 S. Park Medical Center - 2 <sup>nd</sup> Floor (608) 287-2690	ACHC - Evjue* (608) 443-5480 3434 E. Washington Ave.	E. Terrace Dr. Medical Center* (608) 265-1260 5249 East Terrace Drive
20 S. Park Medical Center - 3 <sup>rd</sup> Floor (608) 287-2085 North Building, Suite 304	Cottage Grove Clinic (608) 839-3104 4590 County Hwy N	Junction Rd. Medical Center* (608) 265-7460 451 Junction Road
1102 S. Park St. Medical Center* (608) 287-5811	Cross Plains Clinic (608) 798-3344 2418 West Brewery Road	Mount Horeb Clinic (608) 437-3064 600 N. 8 <sup>th</sup> Street
ACHC - Erdman* (608) 443-5480 2202 S. Park St.	DeForest - Windsor Clinic (608) 846-3741 4131 Meridian Drive	Stoughton Clinic (608) 877-2660 1001 Nygaard Street

\*Sites marked with an asterisk are the only sites where ACHC patients may drop off their samples.