Health Facts for You

UWHealth

COVID-19 Testing Before Your Procedure/Surgery

A COVID-19 test must be done before having a procedure or surgery, even if you have no symptoms of COVID-19. Testing may also be needed before specific clinic visits. This test should be done **3 days before** your procedure/ surgery/ clinic visit.

You will **not** need to test if you have tested positive for COVID-19 within 90 days of your procedure.

Before Your COVID-19 Test
Clinic staff will help you to schedule your COVID-19 test. You will be told about where to go for testing. Call **(608) 720-5111** if you need schedule your own test or to reschedule.

Other key points:
- Use a restroom before arriving. None are available at the testing site.
- Arrive at the testing site at your scheduled time.
- Staff will explain how to do the COVID test.
- Bring your cellphone with you.
- Bring paper and pencil/pen to write your name. You will hold this up to the window for staff to see.
- Do not bring pets with you.

Test Results
You will be notified of your results.
- If you test positive for COVID-19, your procedure/ surgery/ clinic visit may be postponed.
- If you test negative for COVID-19, take steps to lower your COVID-19 risk before your procedure/ surgery/ clinic visit.

After Your COVID-19 Test
Return home (or to the hotel you are staying in) and stay there until your surgical procedure. Only leave home for essential functions such as working and daycare. Take steps to lower your COVID-19 risk as follows.
- Wear a personal face covering (facemask) when indoors or when riding in a vehicle with others.
- **Do not go to public areas or to any type of gathering.**
- If you need medical care, call your doctor. Call 911 for emergencies.
- Limit your exposure to others. If you need a letter of excuse from work, tell clinic staff.
- Limit the number of people you are around. This includes family members. Maintain physical distancing of at least 6 feet as much as you can.
- Do not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with others. This includes people in your home.
- Wash hands with soap and water for at least 20 seconds or use hand sanitizer.
- Cover coughs or sneezes into your sleeve or elbow, not your hands.
- Clean high-touch surfaces and objects daily and as needed.

If you develop symptoms of COVID-19 or think you have been exposed to someone with COVID-19 after your test, contact your doctor/ clinic. They will advise you about next steps.