

## Sweet-ease<sup>®</sup> for Infant Pain Relief

Sweet-ease<sup>®</sup> is an oral liquid made of sugar (sucrose) and water that can be used to decrease pain in infants.

### When can Sweet-ease<sup>®</sup> be used?

Sweet-ease<sup>®</sup> may be used if your baby is going to the operating room or having deep sedation in the sedation clinic to complete a painful procedure.

Here is a list of other times Sweet-ease<sup>®</sup> may be used:

- Poking a heel for a lab
- Poking a vein for a lab draw
- Placing an IV into a vein
- Placing a catheter into the bladder
- Giving an immunization

### Who can get Sweet-ease<sup>®</sup>?

Sweet-ease<sup>®</sup> is most often given to infants 6 months and younger.

### Who should not get Sweet-ease<sup>®</sup>?

Sweet-ease<sup>®</sup> may not be given if your baby cannot have anything to eat or drink. Talk with your baby's doctor or nurse.

Sweet-ease<sup>®</sup> is used for pain. It is not used to calm fussy infants.

### How is Sweet-ease<sup>®</sup> given ?

To give Sweet-ease<sup>®</sup>, dip a pacifier into the Sweet-ease<sup>®</sup> and have your baby suck on the pacifier. If a pacifier can't be used, a 1mL syringe can be used to drop a few drops (0.1-0.2mL) on the front part of your baby's tongue. Giving Sweet-ease<sup>®</sup> with a pacifier may give better pain control than using Sweet-ease<sup>®</sup> alone.

As a parent, you can give Sweet-ease<sup>®</sup> to your baby. Your baby's nurse can also give it.

Sweet-ease<sup>®</sup> works best if given two minutes before the procedure starts. Repeat every 5 minutes during the procedure, but no more than 3 times total in a 2-hour period. After the procedure, any leftover Sweet-ease<sup>®</sup> is thrown away.

To find out if Sweet-ease<sup>®</sup> is a good option for your baby, ask your baby's doctor or nurse.