

## Intravitreal Injection into the Eye

Your doctor has ordered an intravitreal injection of \_\_\_\_\_ into your \_\_\_\_\_ eye.

This handout will tell you what to expect before, during, and after treatment. You may want to write down any questions you have so that you can ask your doctor or nurse about it before the treatment.

The doctor will explain the treatment, the reason for it, and the type of medicine as well as any side effects you might notice. You will be asked to sign a consent form.

### **Before the Procedure**

Please allow 1 to 1 ½ hours for your treatment visit. We will check your vision and dilate your pupil. **During the Procedure**

Numbing eye drops will be put into your eye. The eye, lashes, and eyelids will be cleaned with an iodine solution. Please let us know if you are allergic to iodine. An eye lid retractor may be used to keep your eye open and the eyelids and lashes away from the injection site. You may feel it, but it should not be painful.

The doctor will tell you which way to look, and you may feel some pressure as the medicine is injected. This only takes a few seconds.

### **After the Procedure**

The doctor may apply light pressure to the area with a cotton-tip swab. The eyelid retractor will be removed. Your eye pressure will be checked. The doctor will talk to you about eye medicines and a follow up visit. You should avoid rubbing the treated eye for 1 day after the treatment. Afterwards you may notice one or more “floaters” or dark spots moving in your vision.. When you look in a mirror, you may notice a red spot on your eye at the site of the injection. This is normal.

### **Special Instructions**

Bring a driver. Do not plan to drive home.

If you have a decrease in vision or pain in the treated eye, call the eye clinic right away.

### **Phone Numbers**

University Station Eye Clinic, 8 a.m. to 4:30 p.m., Mon – Fri **(608) 263-7171**

When the clinic is closed, your call will be forwarded to the hospital paging operator. Ask for the “Eye Resident on Call”. Give the operator your name and number with area code. The doctor will call you back.

If you live out of the area, call **1-800-323-8942** and ask to be transferred to the above number. Please call if you have any questions or concerns.