

**Home Care after Your ERCP
(Endoscopic Retrograde Cholangiopancreatography)**

What to Expect After the Procedure

You may have a mild sore throat. Salt water gargles or sucking on hard candy should help.

You may have some gas pains from the air used to distend your stomach. If you belch, this will help.

At Home

- **You must have an adult to take you home. Do not drive today.**
- Plan to rest today. You should be able to resume normal daily tasks tomorrow.
- Do not drink alcohol.
- Do not take tranquilizers or sleeping pills tonight.
- You may resume your routine medicines unless told otherwise.
- Do not use hazardous machinery.
- Follow a clear liquid diet until tomorrow morning. Clear liquids include: water, ginger ale, 7-up[®], clear juice (no pulp), tea, broth or coffee (no cream or milk). Then, you may resume your normal diet. Start out with a light diet to prevent nausea.
- There may be some soreness and redness at the IV site for a day or two. If this happens, place a warm, moist washcloth over the area to help. Please call your primary doctor

if this does not improve in a couple of days.

- Do not make any important personal or business decisions today.

When to Call

Call us if you have any of these:

- new severe, sharp, or steady pain in your stomach, neck, or chest,
- fever over 100° F,
- vomiting of blood (red or brown in color),
- bowel movements that look black (can be a sign of bleeding),
- lightheaded or dizziness when standing,
- shortness of breath or trouble breathing.

Phone Numbers

If you have questions or concerns within 24 hours of your ERCP, please call the number below. After 24 hours, please call your referring doctor.

How to Contact Us

GI Procedure Center
7:00 AM to 5:00 PM
(608) 263-8094

After clinic hours call **608-262-0486**. This number will give you the paging operator. Ask for the Gastroenterology (GI) doctor on call. Leave your name and phone number with the area code. The doctor will call you back.

If you live out of the area, call **1-800-323-8942**.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 2/2019. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#6256.