

## Urinary Catheter Placement in the Diagnostic and Therapy Center (DTC)

This handout explains what to expect when you come for your child to have a urinary catheter placed.

When you come to the DTC:

- We check your child's heart rate, blood pressure, breathing rate and weight.
- You and your child meet with a nurse who asks you questions about your child's health.
- You and the nurse decide if your child should receive a medicine to help them relax.

If you would like your child to get the medicine, a provider will meet with you. You talk about your child's health and your child has an exam. You decide how relaxed or sleepy your child should be. Most of the time we give a mild sedative called midazolam by mouth. We will be sure you know what to expect before your child gets the medicine.

If we don't use the medicine, your child may still use a numbing gel to help decrease the stinging feeling while the catheter is placed. A child life specialist or nurse will teach you about the catheter placement and test. They can also distract your child while the catheter is placed. They stay with you and your child for the test.

After the test is over you and your child may leave if the medicine we gave your child has worn off. If the medicine has not worn off, you and your child will stay in the DTC. You stay until the medicine we gave your child wears off and the nurse feels it is safe for your child to leave.