

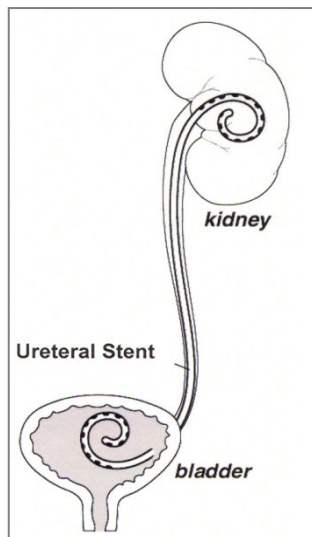
Caring for Your Child After Ureteroscopy (URS) With or Without Stent

Ureteroscopy is a procedure where a small scope (camera) is placed into the ureter (a small tube connecting the kidney to the bladder that drains urine) through the bladder. This is done to look at the ureter and treat any problems. Manipulating the ureter may cause swelling. A very small stent (hollow tube) may be left in place for a short time to allow urine to flow from the kidney to the bladder. Your child will need to go back to the operating room to have the stent taken out. Most often, your child will go home the same day the procedure is done.

Activity

Your child may resume a normal routine. Your child needs to rest if you notice

- blood in the urine,
- pain.



Diet

- Your child may resume normal eating habits.
- Your child should drink at least 6-8 (8 oz) glasses of fluid daily. We suggest your child drink most of this before dinner time to avoid being up at night urinating.

Medicine

- If an antibiotic is prescribed, be sure your child takes all of it to prevent a urinary tract infection.
- If pain medicines are prescribed follow the instructions for taking them. Tylenol® may be used as directed on the bottle.

Passing Urine

Your child may go home with a stent. Your child may feel like passing urine more often. It may cause a burning feeling in the bladder. This will decrease over time as the body adjusts to the stent. There may be blood in the urine.

Follow-Up Care

Your child will have a follow-up visit with your doctor or nurse practitioner. If your child has a stent, do not miss or delay this visit.

When to Call

- Unable to pass urine,
- Large blood clots in the urine,
- Pain not relieved by pain medicine,
- Cloudy or foul-smelling urine,
- Red or bloody urine after 3 days,
- Fever over 101° F by mouth.

Pediatric Urology Clinic:(608) 263-6420.

This is a 24-hour number which connects you to the paging operator. Ask for the peds urology resident on call. Give your full name and phone number with the area code. The doctor will call you back.

If you live out of the area, please call:
1-800-323-8942.

If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 7/2019. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing HF#6807