

Preparing for Your Biofeedback Sessions

Please arrive 15 minutes before your scheduled biofeedback session. You may be asked to reschedule your session if you are more than 15 minutes late.

If you need to reschedule, please call at least 24 hours in advance. If you cancel or miss 3 sessions, your child will need to restart the program.

It is important that your child follows the **Elimination Program**. This will help your child have more success.

Only your child and a parent/guardian may attend the sessions so your child can focus and relax. Siblings that also need biofeedback will be scheduled at a different time.

During the session, your child will be taught exercises. Our goal is to have your child do 5 sets of exercises every day. Your child will be taught to do “quick flicks” each time before using the bathroom.

Your child will have homework and be asked to keep a detailed log. Bring these logs to each session so that we can review your child’s progress.

When to Call

Call if you have any questions or concerns.

Who to Call

Pediatric Urology

608-263-6420, option 2

If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person’s health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 8/2020 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7519