

## Remote Monitoring for Implantable Loop Recorder (ILR)

Your Implantable Loop Recorder (ILR) has many features that help your doctor take care of your heart health. Your provider has prescribed a transmitter that you can use from home, which will send information from your cardiac device to your clinic. The transmitter will send reports (called remote transmissions) to the Device Clinic. Below is an overview of your ILR, transmitter, scheduling, and how you and your cardiac device team will work together.

### Scheduling

The transmitter will create a summary report every month and send it to us at the clinic, so that your doctor can assess your heart rhythm.

### What the Implantable Loop Recorder (ILR) Does

- It watches your heart rhythm all the time.
- It stores information about your heart, helping your doctor treat you.
- It can send us a transmission if you have a fast, slow, or irregular heart rhythms.

### How the Transmitter at the Bedside Works (or on the phone app) if Connected

- Transmitters send information stored on your cardiac device.
- It connects with your ILR device every night while you are asleep. If something is not normal with your device or your heart rhythm, it can send us a report. If everything is OK, it will not send a report.

- The transmitter will send a summary report every month so your doctor can assess your heart rhythm.
- Transmitters **do not** watch your heart rhythm minute by minute.
- They **do not** take the place of 911. If you feel unwell, please call 911 or seek emergency care.
- If you have a non-emergency concern about your heart rhythm, you can contact your Device Clinic during regular business hours.

### The Cardiac Device Clinic Team

- We review remote transmissions Mon-Fri during regular business hours (not on holidays) and send the reports to your doctor.
- We will contact you if something is not normal on your report.
- The results of your normal reports will be available on the MyChart within 2 weeks.

### Setting Up

- Set up your transmitter within 8-10 feet of where you sleep.
- Keep it plugged in and connected. Check it periodically to make sure the power is on.
- If you have the app: keep the app open on your phone and keep your Bluetooth turned on.
- Keep the company's helpline number available and call their support staff if you have any connection questions or issues.

**Insurance and Co-Pays**

Remote reports are the same as in-office reports and require the same type of review. Therefore, your insurance will be billed for the remote monitoring service. This charge covers all the necessary summary and alert reports as well as the nightly checks during that 30-day period.

**Who to Call**

UW Health Device Clinic  
**(608) 263-1530**

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 5/2024 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#8283.