

Sweet-ease[®] for Infant Pain Relief

Sweet-ease[®] is an oral liquid made of sugar (sucrose) and water that can be used to decrease pain in infants.

When can Sweet-ease[®] be used?

Sweet-ease[®] may be used if your baby is going to the operating room or having deep sedation in the sedation clinic to complete a painful procedure.

Here is a list of other times Sweet-ease[®] may be used:

- Poking a heel for a lab.
- Poking a vein for a lab draw.
- Placing an IV into a vein.
- Placing a catheter into the bladder.
- Giving an immunization.

Who can get Sweet-ease[®]?

Sweet-ease[®] is most often given to infants 6 months and younger.

Who should not get Sweet-ease[®]?

Sweet-ease[®] may not be given if your baby cannot have anything to eat or drink. Talk with your baby's doctor or nurse.

Sweet-ease[®] is used for pain. It is not used to calm fussy infants.

How is Sweet-ease[®] given ?

To give Sweet-ease[®], dip a pacifier into the Sweet-ease[®] and have your baby suck on the pacifier. If a pacifier can't be used, a 1mL syringe can be used to drop a few drops (0.1-0.2mL) on the front part of your baby's tongue. Giving Sweet-ease[®] with a pacifier may give better pain control than using Sweet-ease[®] alone.

As a parent, you can give Sweet-ease[®] to your baby. Your baby's nurse can also give it.

Sweet-ease[®] works best if given two minutes before the procedure starts. Repeat every 5 minutes during the procedure, but no more than 3 times total in a 2-hour period. After the procedure, any leftover Sweet-ease[®] is thrown away.

To find out if Sweet-ease[®] is a good option for your baby, ask your baby's doctor or nurse.