# Health Facts for You



# **Neurology Clinic – Care after Skin Punch Biopsy**

## **Bandage**

Leave the pressure dressings on for **one** day. Then carefully remove the dressings and leave the wounds open to air.

Check the wound sites daily. Do this for the next 10-14 days, or until the wounds are fully healed (crust will fall off and the skin will have a pink line with no open areas).

Look for these signs of infection. If you notice any of these signs, call your doctor.

- Temperature (by mouth) above 100°F or 37.7°C for 2 readings taken 4 hours apart.
- Increased tenderness or swelling at site.
- Blood or pus-like drainage.
- Redness that spreads out from the wound.

#### **Wound Care**

Keep the biopsy sites dry for 7-10 days, or until the wounds are completely healed.

- No swimming
- No tub baths
- No sitting in hot tubs

**Do not** scrub the biopsy sites or soak in water for 7-10 days, or until the wounds are completely healed. Sponge bathe or cover the biopsy sites fully with plastic while you shower, using the following directions.

#### You Will Need

- Press'n Seal<sup>™</sup> plastic wrap
- Sandwich or snack size plastic baggie
- Roll of tape

Tear off a sheet of the Press'n Seal<sup>™</sup> plastic wrap, place it on top of your biopsy sites and wrap it around your calf/ankle. Press it onto your skin, use a piece of tape to secure if needed. Or place a sandwich baggie over the biopsy sites. Tape all sides of the sandwich baggie. Do this each time **before** you shower until your biopsy sites are fully healed.

## **Activity**

You may return to your normal routine.

#### **Pain Relief**

Most patients have little or no pain. If you have discomfort at your biopsy sites, you may use oral Tylenol® or other medicine prescribed by your doctor, as needed. Do not use aspirin, ibuprofen, or anti-inflammatory drugs for 24 hours after the procedure.

#### **Biopsy Results**

The results will be given to your doctor who ordered the biopsy. Please contact them for the results. The results will be available in 6-8 weeks.

#### Who to Call

If any problems occur at the site, please contact the Neurology Clinic.

Neurology Clinic (608) 263-5442 M-F, 8:00 a.m. to 4:30 p.m.

After hours or weekends, this number will be answered by the paging operator. Ask for the neurology doctor on call. Provide your name and phone number with the area code and the doctor on call will call you back.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 4/2024. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#6353