

## Cystoscopy with Bladder Biopsy Cystolitholapaxy

**A Cystoscopy with Bladder Biopsy** involves going through the urine channel (urethra) with a scope into the bladder to take tissue samples for testing.

**A Cystolitholapaxy** involves going through the urine channel (urethra) with a scope to break up and remove bladder stones.

### After Surgery

You may have blood in your urine. It should clear in 2-3 days. If you had a bladder biopsy, you may pass tiny blood clots for 2-3 days. Drink more fluids to help clear the clots.

You may also feel burning when you pass urine for 1-2 days.

You may have pain. You may take Tylenol® for relief. Your doctor will order stronger pain pills for you, if needed.

### Activity

- **Do not** drive for 24 hours. Do not make important personal or business decisions until the next day. Do not drive if you are taking narcotic pain pills.
- Wait 2 weeks before having sex.
- **Do not** lift more than 15 pounds for 2 weeks.
- Nothing strenuous for 24 hours. If you notice an increase in bleeding, rest and drink more fluids. If your urine does not clear call your doctor.

### Diet

1. Return to your normal diet as you feel ready to eat.
2. For the next 2 weeks, drink at least

10-12 (8 oz) glasses of fluid each day. **No** alcoholic drinks for the first week.

### Follow-Up Care

Your first follow-up visit will be made for you.

### When to Call

- Bloody urine **after** 2-3 days.
- Large blood clots in urine.
- Unable to pass urine.
- Cloudy or foul-smelling urine.
- New lower back or hip pain.
- Burning when you pass urine (that does not go away after 1-2 days).
- Temperature greater than 100.5° F by mouth, for 2 readings taken 4 hours apart.

### Who to Call

UW Health Urology  
**(608) 263-4757**

UW Health East Madison Hospital Urology  
**(608) 440-6464**

UW Health One South Park Medical Center  
Urology  
**(608) 287-2900**

After Hours, weekends, and holidays, the clinic number is answered by the paging operator. Ask for the Urology Doctor on call. Leave your name and phone number with the area code. The doctor will call you back.

Toll Free number: **1-844-607-4800**.

Your medical record number: \_\_\_\_\_.