



Carbone Cancer Center
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH

Blood and Marrow Transplant (BMT) Clinic

8:00AM to 4:30PM Monday through Friday:

608-265-1700 or 800-323-8942 - ask for 5-1700

After Hours:

608-262-0486 or 800-323-8942 - ask for the BMT Physician on call

Guidelines for Symptoms **Call 911 for anything worse than what is listed below.**

Areas of Concern	Urgent Medical Help Needed <u>Call Now</u> See Numbers Above	Important Information for Clinic <u>Call Within 24 Hours</u> See Numbers Above
Alertness, Consciousness, Activity	<ul style="list-style-type: none">• New or increased confusion• Change in level of alertness• Change in vision• Falling down• Numbness, tingling in limbs• Dizziness	<ul style="list-style-type: none">• Mood changes: irritable, tearful• Sleeplessness• Lethargic• Change in energy level• Tremors/Shakiness• Not able to get around• Problems swallowing
Bleeding	<ul style="list-style-type: none">• New or increased bleeding• Bloody urine• Unable to stop nosebleed• Bloody diarrhea• Vomiting blood• Patient falls or is injured• 1 or more feminine pad used per hour	<ul style="list-style-type: none">• Frequent controlled nose bleeds• New bruising• Little red or purple spots on the skin
Breathing	<ul style="list-style-type: none">• Trouble breathing• Feeling as if they can't get enough air• Trouble breathing when laying flat• Wheezing with breaths• Persistent continuous cough• Coughing blood or green/yellow material	<ul style="list-style-type: none">• Gets "winded" more easily with little activity• New or recurrent cough
Diarrhea	<ul style="list-style-type: none">• Constant or uncontrolled diarrhea• Diarrhea with fever and abdominal cramping• Stool is bloody, burgundy, or black	<ul style="list-style-type: none">• Mild abdominal cramping• New onset diarrhea• Whole pills passed in stool• Greater than 5 times each day
Fatigue	<ul style="list-style-type: none">• Dizziness• Too tired to get out of bed or walk to the bathroom	<ul style="list-style-type: none">• Fatigue is getting worse• Staying in bed all day• Other symptoms occur with increased fatigue



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Areas of Concern	Urgent Medical Help Needed <u>Call Now</u> See Numbers Above	Important Information for Clinic <u>Call Within 24 Hours</u> See Numbers Above
Fever/Chills	<ul style="list-style-type: none">Shaking chills, temperature may be normalTemperature 38.2°C or 100.4°F or above taken by mouthFever 1 degree higher than usual	<ul style="list-style-type: none">New redness or swelling on skin or at central line siteCold symptoms (runny nose, watery eyes, sneezing, coughing)New abdominal or back painToothache
Mouth Pain/ Mucositis	<ul style="list-style-type: none">Having trouble breathingCannot swallowBright red blood in mouthPain not controlled by medicine	<ul style="list-style-type: none">White patches or sores appear on gums or mouthProblems swallowing food or fluid
Nausea/ Vomiting	<ul style="list-style-type: none">Uncontrolled, constant nausea/vomitingBlood or “coffee ground” appearing material in the vomitMedicine not kept down because of vomitingWeakness or dizziness along with nausea/vomitingSevere stomach pain while vomiting	<ul style="list-style-type: none">Nausea persists without control from anti-nausea medicinesVomit shoots out for a distance (projectile vomiting)
Pain	<ul style="list-style-type: none">New or uncontrolled pain in bodyHeadaches not relieved with Tylenol®Chest discomfortPounding heartHeart “flip-flop” feelingBurning in chest or stomachPain or burning while urinatingStrong stomach pain	<ul style="list-style-type: none">Sores or painful areas on skin or mouthNew pains relieved with pain medicinesPainful central line site or area around catheterPain with infusion of medicines or fluids into central line
Rash	<ul style="list-style-type: none">Sudden onset body rashRash with severe pain	<ul style="list-style-type: none">New, or changes in skin rash
Swelling	<ul style="list-style-type: none">Sudden swelling with or without pain	<ul style="list-style-type: none">Swollen legs, handsSwelling around central line
Urination	<ul style="list-style-type: none">Unable to urinate for more than 8 hoursBloody urinePainful urination	<ul style="list-style-type: none">Strong odor of urineChange in color of urine

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 6/2019 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7015